Isn't sleep a waste of _____? I think so. What could we do instead of sleeping? I know what I could _____. I could read more _____, write more e-mails and watch more _____. My mind would be full of knowledge and my _____ would be happier. I could also do more _____ and get fitter. I hate feeling tired but I wish my body and _____ didn't need to sleep. It would be great if there was a_____ we could take instead of sleeping. I actually find it difficult to fall asleep. I wait for ages before I become tired. I'm a very light _____. I wake up at the smallest _____. Not like some of my friends. They can sleep anywhere and it only takes them 30 seconds to fall asleep. They're gone as soon as their head hits the pillow.

