

LET'S BE HEALTHY

1. Read, look and complete. Then listen and check.



helmet



elbow and
knee pads

Exercise is good for us, but sometimes there are accidents. It's very important to wear the correct clothes to protect our bodies.

We wear ¹ elbow and knee pads to protect our elbows and knees.

We wear ² _____ to protect our hands.

We wear a ³ _____ to protect our head.

We wear ⁴ _____ to protect our eyes.



goggles



gloves

2. Match the letter with the sport.

a	swim	d	ride a bike
b	play basketball	e	play soccer
c	play tennis	f	skate

