

PRESENT PERFECT CONTINUOUS



PRESENT PERFECT SIMPLE

We want to focus on the **RESULT**

You've painted the bedroom, it's lovely!

When we want to say **HOW MANY**

Frank has been to 12 different countries

When we talk about **COMPLETED ACTIONS**

I've sent you the report.

PRESENT PERFECT CONTINUOUS

We want to focus on the **ACTIVITY**

I've been looking for a new house. It's not easy.

When we want to say **HOW LONG**

You've been looking for a new house for a year.

When we talk about activities that **MAY CONTINUE**

Maria's been gardening all morning

With evidence of **RECENT ACTIVITIES** with duration

He's all sweaty because he's been running

ONGOING STATES / ACTIONS

For / Since / How long

We use 'how long', 'for' and 'since' to ask and talk about the ongoing states/actions.

How long have you been working there?

We've known each other **for** 20 years.

I've been playing the piano **since** I was 10.



For + period of time
Since + start date



ONGOING SINGLE OR REPEATED ACTIONS

For / Since / How long

We use 'how long', 'for' and 'since' to ask and talk about ongoing single or repeated actions.

How long have you been playing golf?

I've been playing golf **for** 2 hours

I've been playing golf once a week **since** I was a child.

EXERCISES!!

PRESENT PERFECT OR PAST SIMPLE?

1. She ten emails today. (write)
2. She emails for two hours. (write)
3. You You can't drive now. (drink)
4. I each of these cars and this one is the best. (drive)
5. Ann her homework since she came back from school. It's time she had a break. (do)
6. I my keys. I can't find them anywhere. (lose)
7. I hundreds of students but I (never) such a difficult class. (teach / meet)
8. What (you)..... so long in the attic? - I for my old photos. (do / look)
9. My hometown since I was a child. (change)
10. He..... to persuade me to accept his offer for a week now, but I up my mind yet. (try / not make)
11. You enough lately. That's why you feel so weak. (not eat)
12. The lift down again - we have to use the stairs. (break)
13. We the Barrets for over ten years. (know)
14. I'm out of breath. I (run)
15. My mum shirts all morning. (iron)
16. My mum five shirts. (iron)
17. John feels very stiff because he all day. (drive)
18. My father the computer. You can check your email box. (fix)

USE ABBREVIATIONS WITH
THE PRESENT PERFECT!
I'VE, SHE'S, THEY'VE ETC.