

Extensive reading: Travel

FF4

Extensive reading

Family Activity Holiday

PLAY

PLAY

Programme

Monday

AM Horse riding



PM Rock climbing



Tuesday

AM Kayaking and canoeing



PM Sailing



Wednesday

AM Mountain biking



PM Zip wires in the forest



expert
instructor



courses

①



contact

②



group

③



get fit

④



climbing wall

⑤



packed

⑥



similar age

⑦



harness

⑧



rope

⑨



hill

⑩



pony

⑪



take part

⑫



offer=
recommend

⑬



previous

⑭



well behaved

⑮



lake

FF4 Extensive reading

1 Look at the page. What are the people doing?

2 Listen and read.  78

Family Activity Holiday

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Do you want a holiday that everyone can enjoy together? Are you an active family? Our three-day family activity holiday helps you get fit and have fun together. This holiday is suitable for all the family, including children from the age of five and above.

Our programme is packed with fun activities from morning until night. You will be in small groups with other families, and we make sure that the children in each group are of a similar age.

During the day, you can try rock climbing on our 15 metre climbing wall. Our expert instructors will show you how to wear harnesses and ropes to keep you safe at all times. You can try our high ropes and zip wire courses, and enjoy being up in the trees and flying through the air like a bird. A low ropes course is also available. We also spend a morning horse riding in the beautiful hills near our centre. Our ponies are very calm and well behaved, and you don't need any previous experience to take part. Our mountain bike ride is also very popular.

We offer water activities, too. We have a beautiful, clean lake where you can learn to sail, canoe and kayak, always with the help of our expert instructors.

In the evenings, there are games and sports activities for all the family. With so much to do, your family will never be bored!





This was my best family holiday ever! I went with my mum and dad, my brother James (age 6) and my sister Emily (age 12). The instructors were very friendly and helpful. I made lots of new friends. I recommend this holiday and we will come again next year.

*Cerys, 10
London, UK.*

Programme	Monday	AM Horse riding
		PM Rock climbing
	Tuesday	AM Kayaking and canoeing
		PM Sailing
	Wednesday	AM Mountain biking
		PM Zip wires in the forest

3 Read again and write *yes* or *no*.

- | | |
|---|---|
| 1 Can you sail on the lake? _____ | 2 Will families be in large groups? _____ |
| 3 Can children aged nine do these holiday activities? _____ | 4 Has Cerys got a brother? _____ |

4 Ask and answer.

- 1 Which activities do you like or dislike on this activity holiday?
- 2 What do you usually do on holiday?

FF4 Extensive reading

I. Read and write suitable word in the blank.

pony

similar age

climbing wall

rope

a number of people together

take part

to become healthy and strong

hill

people who are almost the same age

harness

a safety belt you wear when climbing

packed

a thick string used for climbing or tying

get fit

a small mountain

group

to call or send a message to someone

suitable

a small horse

offer

polite and good

contact

well behaved

previous

lake

FF4 | **Extensive reading**

II. Read and fill in the blank.

Three day – active – similar age – fun – programme –
 families – groups – until – get fit – suitable

Do you want a holiday that everyone can enjoy together? Are you an.....(1) family?
 Our.....(2) family activity holiday helps you(3) and have(4)
 together. This holiday is(5) for all the family, including children from the age of
 five and above.

Our(6) is packed with fun activities from morning(7) night.
 You will be in small(8) with other(9), and we make sure that
 the children in each group are of a(10)

III. Answer the question, following the passage above.

1 What kind of holiday is this?

2 Who is this holiday suitable for?

3 What is the age range for the children on this holiday?

4 How are the families organized during the activities?

5 What is the schedule like for this holiday?

6 What does the program include from morning until night

7 What does the holiday help the families do together?

VI. Follow to the passage, read and answer the question.

1. What is the programme full of?

- A. Homework
- B. Fun activities
- C. Food
- D. Books

2. Who will you be with in your group?

- A. Only teachers
- B. Only children
- C. Other families
- D. Nobody

3. What does the programme make sure about the children in each group?

- A. They all like reading
- B. They are good at swimming
- C. They are of a similar age
- D. They speak the same language

4. What can children try on the climbing wall?

- A. Painting
- B. Rock climbing
- C. Jumping
- D. Swimming

5. What helps keep children safe while climbing?

- A. Helmets
- B. Shoes
- C. Harnesses and ropes
- D. Gloves

6. Where can children feel like flying through the air?

- A. In the classroom
- B. On the zip wire
- C. On a boat
- D. In a bus

During the day, you can try rock climbing on our 15 metre climbing wall. Our expert instructors will show you how to wear harnesses and ropes to keep you safe at all times. You can try our high ropes and zip wire courses, and enjoy being up in the trees and flying through the air like a bird. A low ropes course is also available. We also spend a morning horse riding in the beautiful hills near our centre. Our ponies are very calm and well behaved, and you don't need any previous experience to take part. Our mountain bike ride is also very popular.

7. What animals do children ride in the hills?

- A. Camels
- B. Dogs
- C. Ponies
- D. Cows

8. Do children need experience to take part in the activities?

- A. Yes, they do
- B. Only some activities
- C. No, they don't
- D. Only the parents

9. What are the ponies like?

- A. Fast and loud
- B. Wild and angry
- C. Big and noisy
- D. Calm and well-behaved

10. Where are the hills?

- A. Far away from the centre
- B. Near the centre
- C. In another city
- D. Inside the house

V. Follow to the passage, read and answer the question.

Our mountain bike ride is also very popular.

We offer water activities, too. We have a beautiful, clean lake where you can learn to sail, canoe and kayak, always with the help of our expert instructors.

In the evenings, there are games and sports activities for all the family. With so much to do, your family will never be bored!

1. What activity is very popular?

- A. Horse riding
- B. Playing football
- C. Mountain bike ride
- D. Swimming

2. Where do water activities take place?

- A. In a swimming pool
- B. In a river
- C. In a lake
- D. In the sea

3. What can you learn to do on the lake?

- A. Drive a car
- B. Ride a pony
- C. Sail, canoe, and kayak
- D. Skateboard

4. Who helps with the water activities?

- A. Parents
- B. Expert instructors
- C. Friends
- D. Children

5. When do families enjoy games and sports?

- A. In the morning
- B. At lunchtime
- C. In the evenings

6. Who can enjoy the activities in the evening?

- A. Only children
- B. Only parents
- C. Only teachers
- D. All the family

7. What is the lake described as?

- A. Small and dirty
- B. Big and cold
- C. Beautiful and clean
- D. Old and deep

8. What will your family never be?

- A. Tired
- B. Bored
- C. Late
- D. Angry