

3 READING

HOW TO PACK FOR YOUR NEXT TRIP

Going on a vacation is fun, but packing is usually not. “What should I bring?” travelers often ask. Many people are **unsure** and pack too much. Then they have to carry a heavy suitcase or pay extra money for it at the airport. How can you pack your things in one easy-to-carry bag? Here are some helpful tips from travel writers Annie Fitzsimmons and Jared Gottlieb.

1. When you travel, you only need a few things, your passport, credit cards, cell phone, and certain clothes (a suit for work, a sweater for a cold weather and shorts for hot weather). What are these things? Make a list. Then pack only important items.
2. Do you plan to read on the trip? Leave books at home. They’re heavy. If you want to read, bring your tablet or buy magazines or books at the airport. When you’re done, you can leave them on the plane or at the hotel.
3. Bring mostly, white, black, gray, tan and blue clothes and shoes. These colors are easy to **mix and match**. By doing this, you can pack fewer items.
4. Are you going someplace **chilling**? If yes, wear some of your warm clothes—like sweaters, jackets, or boots—on the plane. These things take up a lot of room in your suitcase and make it heavy.
5. Use the bags to **organize** the items in your suitcase. Put things like your toothbrush, soap and shampoo in one bag, underwear and socks in another, shirts in another and so on. By doing this, you use less space in your suitcase. It also makes it easier to unpack!

A. Understand the gist; Make predictions. After watching the video, read the title. Then answer the questions.

- Why do you think packing is so troublesome?
- What do you usually pack for a trip?

B. Identify main ideas. Match each headline with the number of the correct paragraph and then with the pictures.

	1	Don't bring books
Use plastic bags	2	
	3	Choose simple colors
Wear your warm clothes on the plane	4	
	5	Make a list

c. Scan for details. Choose T or F according to the information in the text.

- | | |
|--|--------------------------|
| 1. It is not recommended to make a list before packing | ☐ |
| 2. Bring books to read in the trip is a good idea. | ☐ |
| 3. Black, tan, blue clothes are easy to mix. | ☐ |
| 4. You don't need warm clothes. | ☐ |
| 5. Using bags are good to organize your stuff. | ☐ |
| 6. Many people knows how to pack a suitcase | ☐ |

D. Infer meaning. Read the article again and write a synonym for each word in bold.

- Many people are **unsure**...
- Are you going someplace **chilling**?
- Use these bags to **organize** the items...
- This colors are easy to **mix and match**...

E. Critical thinking. Do you have another tip to add to the text? Ask and answer.

Which tips are useful for you?

I consider that...

Do you have another tip to add to the text?

I think it would be a great idea...