

Vocabulary

1 Match the definitions with the words below. There are two extra words.

charger	hall	helmet	jumper	mushroom	nephew	niece	pole vault	sunrise	sunset	valley
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- 1 You use this when your battery is low. _____
- 2 When the sun goes down at the end of the day. _____
- 3 This isn't meat or fruit – but it is good for you. _____
- 4 This protects your head. _____
- 5 An athletic sport where you have to get over a high bar. _____
- 6 Warm top for the winter. _____
- 7 Your brother's daughter. _____
- 8 The low area between two mountains. _____
- 9 The room inside the entrance of a house or apartment. _____

Listening

2  12 Listen to the five recordings. Are the sentences true (T) or false (F)?

- 10 Martin can't turn his computer on again. ____
- 11 Katy found a house 17 km away. ____
- 12 Alexander climbs buildings that are just under 300 metres tall. ____
- 13 The speaker's great-grandfather was an engineer. ____
- 14 He wants to put meat in a soup. ____

Reading

3 Read the text. Match sentences A–F with gaps 1–5. There is one extra sentence.

Inspiring women in the world of sport

The South American Surfer

Riding the biggest waves on the Atlantic Ocean is one of the most exciting sportspeople in South America. ¹ ____ But she has had to fight to find the money to enter sporting competitions. Why? Because she wasn't 'pretty enough' to get sponsorship from big companies. They were more interested in what she looked like than what she could do on the sea.

Silvana was seven when she started surfing, and has been surfing for 23 years. She always surfed with the boys and wanted to surf like a man, so she has a very special style of surfing for a woman. She has been the best Brazilian female surfer eight times. She has also been the world number two twice. She says that she started to ask companies which sell surfing sports clothes to sponsor her. ² ____ She thinks it was because she doesn't look like a beautiful model from a magazine. And she thinks it's unfair, because sportsmen don't have the same problems.

Silvana came from a very poor family. ³ ____ She built her first surfboard with a plank of wood and from that day surfing changed her life. Eventually, after thirteen years, an important sports company said it would back her and pay for her to take part in surfing competitions. And this meant that at last surfing could give her the chance to help her family too.

The Egyptian Pentathlete

⁴ ____ She is from Egypt and used to be a pentathlete, that is an athlete who competes in the pentathlon. This is made up of five sports: running, swimming, shooting, fencing, and horse-riding. She was the youngest ever pentathlete to compete in the Olympics. She took part in three Games. The first was in Athens when she was only fourteen, then she competed in Beijing, followed by London.

Aya is also a mother, a wife and a university teacher. Although she is busy, her sport has taught her how to organise her time. She says that it is a challenge for married women in her country to continue with their sports careers and look after the home and children at the same time. ⁵ ____ She hopes that her experience has been an inspiration to those young girls who want to become professional sportswomen.

- A They lived in a simple hut on the beach and she used to imagine what it would be like to live in a real house with next-door neighbours.
- B Her name is Silvana Lima, and she is the best surfer in Brazil.
- C She wanted to show how girls can continue to follow their sporting dreams after they get married and have families.
- D But they all said 'no'.
- E Aya Medany is another woman who has had a difficult time in the world of sport.
- F She was extremely happy because she received many offers.