

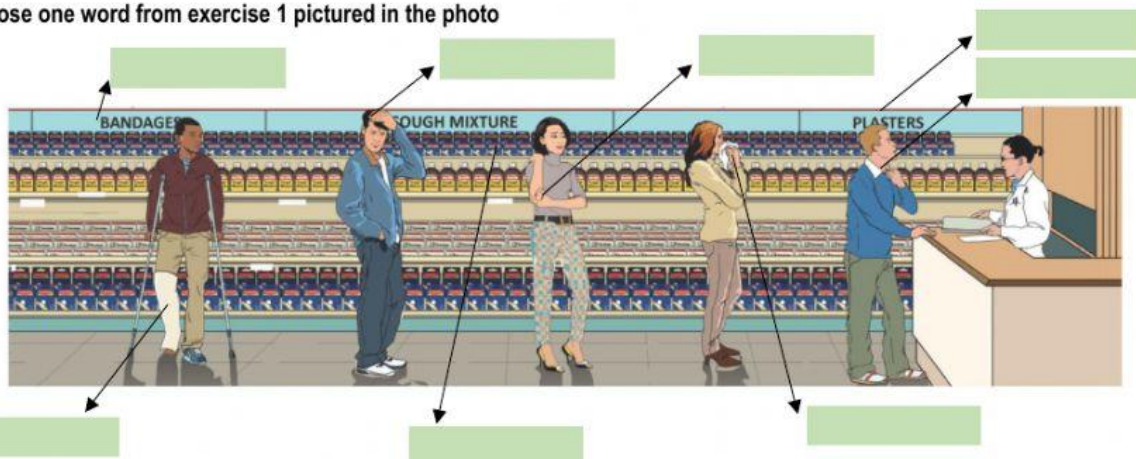
V Health

1. Drag the words to one of the columns: Problem or Treatment

■ antibiotics ■ bandage ■ broken leg ■ burn ■ cold ■ cough ■ cut ■ dizzy ■ flu ■ headache ■ injection
■ medicine ■ painkiller ■ plaster ■ sneeze ■ sore throat

Problem	Treatment

2. Choose one word from exercise 1 pictured in the photo



3. Listen and complete with one of the expressions of the box. Say if the sentences are True (T) or False (F).



Five Health Facts and Myths

- You should drink eight glasses of water per day.** T / F
You can get enough liquid from ¹ _____, coffee, ² _____ and milk. You also get liquid from food, especially ³ _____ and vegetables.
- You can treat flu with antibiotics.** T / F
You can use antibiotics to treat ⁴ _____, but ⁵ _____ is a virus.
- Chicken soup can help when you have a cold.** T / F
Chicken soup has got lots of ⁶ _____ ingredients and it can help with a ⁷ _____ or a sore throat.
- You shouldn't drink cold drinks when you have a sore throat.** T / F
The ⁸ _____ of the drink isn't important. But don't drink too many ⁹ _____, fizzy drinks.
- It isn't dangerous to go swimming immediately after a meal.** T / F
It is quite ¹⁰ _____ to go swimming after a meal.

flu juice an infection
good tea safe
fruit temperature
cough sweet

4. Drag the problems under the correct picture. Then, match them to the pieces of advice a-e.

■ I've got a bad cut. ■ I've got a headache. ■ I've got a cough and sore throat. ■ I can't sleep. ■ I feel dizzy.



1

2

3

4

5

☐

a You should put a plaster on it.

☐

b You should have a bath, listen to some music and relax before you go to bed.

☐

c You should drink some hot water with lemon and honey.

☐

d You should take a painkiller.

☐

e You should sit down, and make an appointment to see your doctor.