#2.Preparing Test B1// Booster

Health, medicine and exercise

1 **Complete the statements with the words in the box.**

ambulance	beats	break	dangerous	doctors	fit
heart	injury	medicine	rest	rugby	sick

1. If your ..... is healthy, it usually ..... around 70 times per minute.
2. According to ..... , you should exercise for an hour a day to keep ..... .
3. Horse-riding is a more ..... sport than ..... or football.
4. If you ..... your arm, you should call an ..... to take you to hospital immediately.
5. If you feel ..... after eating something, you should go to a pharmacy to get some ..... .
6. If an ..... is painful, you should always ..... the part of your body that's hurt.

Free time

1 **Complete what the people say with the words in the box.**

drama	horror	order	sculptures	stage	videos

Lily "I'm really into **(1)** ..... , so I love being in plays. It feels great being up on the **(2)** ..... in front of lots of people. I don't want to do it as a job, but it's fun to do in your free time!"

Jamie "I often organise a movie night at the weekend. I invite a few friends and we **(3)** ..... a takeaway. My favourite films are **(4)** ..... movies, especially really scary ones!"

Rosie "I'm quite creative, so I do a lot of art classes in my free time. I don't like painting, but I love making **(5)** ..... out of wood. I also make my own five-minute **(6)** ..... , which I put online for friends to watch."

2 **Complete the quiz with the words in the box. Then answer the questions and read the results.**

awake	buy	clean	go	go	have	late
leave	morning	routine	wake up	weekend		

Are you a creature of habit?

1. Do you need an alarm clock to help you ..... in the morning?
   a) No, I'm usually ..... before my alarm goes off.
   b) Yes. Without the alarm, I would just go on sleeping.
2. Do you always ..... the same thing for breakfast?
   a) Yes, I don't like making decisions in the ..... !
   b) No, that would be boring!
3. Do you ever forget to ..... your teeth or brush your hair in the morning?
   a) No, they are part of my morning ..... , so I never forget.
   b) Yes, if I'm in a hurry.
4. Do you ..... home at the same time every day for work or college?
   a) Yes, I don't like being ..... .
   b) No, sometimes I'm early and sometimes I'm a bit late.
5. Do you ..... shopping on the same day each week?
   a) Yes, and I usually ..... the same things each week.
   b) No, it depends what I'm doing each week.
6. Do you usually ..... to bed at the same time every night?
   a) Yes, during the week, but not at the ..... of course.
   b) No, it depends what I'm doing each day.