

Bullied kids at higher risk of mental health problems

A new study says that children who are bullied by other kids could have mental health problems when they are adults. The study found that bullied children are more likely to suffer from depression and anxiety in adulthood than children who suffered child abuse. Researchers found that the children who experienced only bullying were 1.6 times more likely than those who experienced only child abuse to have mental health problems or to have tried to harm themselves. Researcher Dr Dieter Wolke said society often thinks bullying is a normal part of childhood. He said: "Being bullied is not a harmless rite of passage or an inevitable part of growing up; it has serious long-term consequences."

Bullying is a big problem around the world. In Britain, about 16,000 children stay at home and do not go to school because they are often bullied. Their exam results suffer and so do their chances of going to university or getting good jobs. Bullied children may also suffer from other problems. They can have serious illnesses, an inability to focus on one thing for a long time, poor social skills, and have trouble holding down a job or staying in a relationship. Catherine Bradshaw, an expert on youth violence, said parents and schools needed to do more about recognising and preventing bullying. She said parents needed to teach their children how to communicate well with other children.

INSTRUCCIONES

Responde a las siguientes preguntas según la información del texto. Lee bien los enunciados.

En el primer ejercicio, selecciona **verdadero o falso** y **copia del texto la evidencia** que pruebe tu respuesta. La respuesta debe estar entre comillas "...".

Por ejemplo:

"Catherine Bradshaw, an expert on youth violence, said parents and schools needed to do more".

En el segundo ejercicio, **arrastra y coloca los sinónimos en la segunda columna**. Por último, selecciona la categoría gramatical a la que pertenece cada par de palabras.

1. Say whether the following sentences are TRUE or FALSE according to the text. COPY the evidence from the text.

a) A study says bullies at schools have mental health problems.

TRUE

FALSE

b) The study says bullied children are more likely to get depressed.

TRUE

FALSE

c) The study says that there are 16,000 bullies in the UK.

TRUE

FALSE

d) Bullied children can have problems focusing and keeping a job.

TRUE

FALSE

2. SYNONYM MATCH: Match the following synonyms from the article. Then choose the grammar category that each pair belongs to.

attempted	frequently	hurt	probable	likelihood	stopping
specialist	research paper	effects	concentrate		

WORD FROM THE TEXT	SYNONYM	CATEGORY
Study		
Likely		
Tried		
Harm		
Consequences		
Often		
Chances		
Focus		
Expert		
Preventing		