



Read the text and mark the statements

True (1),

False (2),

Not Stated (3).

The Attitude to Fast Food

It's OK to eat fast food occasionally but fast food is high in calories. So, if you often eat hamburgers and chips you can easily become **obese** (тучный, толстый). You must eat homemade food because it is healthier.

Everybody knows that fast food is cheap and quick. However fast food is not as tasty as homemade food. Young people prefer to eat pizzas, hamburgers and French fries but they should eat soup instead. Fast food companies spend lots of money to make people believe that fast food is cool.

The average American eats three hamburgers with French fries a week. Is it surprising that many American teenagers are obese? Health care is devoted to create new eating habits so that we can have a healthier generation. Obesity can lead to other diseases such as diabetes and heart strokes. This is why America is now starting to fight back against the fast food companies. They are stopping serving fast food in school cafeterias. Restaurants serving traditional food are opening now.

- A. There is no problem if you sometimes eat fast food.
- B. You can get fat if you eat hamburgers and chips frequently.
- C. Advertisements convince people to eat fast food.
- D. Fast food is very expensive.
- E. Fast food is easily made and eaten.
- F. More than a quarter of American teenagers are very fat.
- G. Schools are going to sell fast food because it is popular.
- H. Being fat can cause several diseases.

A	B	C	D	E	F	G	H

