



Read the text and choose the right option.

### What's (1)\_\_\_ with Junk Food

Too much fat! Hamburgers, pizza, fried chicken and chips (2)\_\_\_ contain lots of bad fats. Too much fat leads to obesity and it is a risk (3)\_\_\_ the health and causes different (4)\_\_\_ .

There is too much salt in junk food. It's also (5)\_\_\_ . There is too (6)\_\_\_ sugar! It spoils teeth and is bad (7)\_\_\_ the blood. Of course, the body needs some fat, salt and sugar for energy (8) \_\_\_ while we (9)\_\_\_ .

Probably, it is OK to eat junk food sometimes. Choose grilled fish and chicken instead of fried, vegetarian pizza instead of (10)\_\_\_ meat type pizza.

- |     |   |              |              |
|-----|---|--------------|--------------|
| 1.  | 1. bad  | 2. different | 3. wrong     |
| 2.  | 1. never  | 2. usually   | 3. seldom    |
| 3.  | 1. to   | 2. for       | 3. from      |
| 4.  | 1. ill  | 2. sick      | 3. illnesses |
| 5.  | 1. harm   | 2. harmful   | 3. harmless  |
| 6.  | 1. a lot of   | 2. many      | 3. much      |
| 7.  | 1. of   | 2. for       | 3. because   |
| 8.  | 1. burning  | 2. to burn   | 3. burn      |
| 9.  | 1. work and play<br>2. are working and playing<br>3. have worked and played |              |              |
| 10. | 1. fat  | 2. fatter    | 3. fatty     |

