

## Listening

### 1 Recording 10 Listen and write *true* (T) or *false* (F).

- 1 Sharon is aggressive towards Ben. F
- 2 Sharon's really into discussing the political situation with Ben. \_\_\_\_
- 3 Lizzie tends to watch a lot of television. \_\_\_\_
- 4 Lizzie likes factual programmes. \_\_\_\_
- 5 Fred believes he was unfairly dismissed. \_\_\_\_
- 6 Fred wasn't expecting to lose his job. \_\_\_\_
- 7 Claire thinks the critics views were a fair reflection on the exhibition. \_\_\_\_
- 8 Claire was surprised when she heard others praising the originality of the exhibition. \_\_\_\_
- 9 Dan only ever listens to the news on  
his way to work. \_\_\_\_
- 10 Dan is embarrassed to admit that he  
enjoys a bit of gossip. \_\_\_\_
- 11 Toby says he looks forward to getting up  
every day. \_\_\_\_

### 2 Recording 11 What are these people talking about? Listen and underline the correct answer, a), b) or c).

- 1 a) stalking    b) kidnapping    c) mugging
- 2 a) pickpocketing    b) shooting    c) mugging
- 3 a) hacking    b) tax evasion    c) identity theft
- 4 a) shoplifting    b) vandalism    c) pickpocketing
- 5 a) kidnapping    b) mugging    c) pickpocketing
- 6 a) arson    b) vandalism    c) counterfeiting

## Grammar

### 3 Correct two mistakes in each sentence.

- 1 I remember ~~to see~~ seeing a man outside, but I didn't suspect him of ~~do~~ doing anything bad.
- 2 The policeman tried arresting the burglar, what was a dangerous thing to do, as he was armed.
- 3 I'm sure I will leave the country by the time you would read this letter.
- 4 Hayley wouldn't live in New Zealand right now if she had got a visa to work there.

- 5 You mustn't have seen Jason at the gym as he's being banned from that place.  
6 If he listens to our advice, he won't be in the predicament he now finds himself in.

**4 Complete the second sentence with no more than five words so that it means the same as the first. Use the word in CAPITALS.**

- 1 Were you able to get tickets for the final? **MANAGE**

Did you manage to get tickets for the final?

- 2 It would be a good idea to wash your hands as dinner's nearly ready.

**BETTER**

\_\_\_\_\_ your hands as dinner's nearly ready.

- 3 'I'm sorry I let you down, Maria,' said Paula. **APOLOGISED**

Paula \_\_\_\_\_ her down.

- 4 Lisa isn't allowed to watch horror films by her parents.

**LET**

Lisa's parents \_\_\_\_\_ horror films.

- 5 I'm really tired because I stayed up late last night. **IF**

I wouldn't be so tired \_\_\_\_\_ up late last night.

- 6 Although she's highly intelligent, Debs is also very modest.

**DESPITE**

Debs is very modest \_\_\_\_\_ intelligent.

- 7 I'm sure you didn't see Liam yesterday because he's abroad at the moment.

**HAVE**

You \_\_\_\_\_ yesterday because he's abroad at the moment.

	6
--	---

**5 Complete the text with one word in each gap.**

I've never been <sup>1</sup>able to understand why so many people <sup>2</sup>\_\_\_\_\_ obsessed with the ageing process. Whenever you turn on <sup>3</sup>\_\_\_\_\_ television or flick through a magazine, <sup>4</sup>\_\_\_\_\_ 'll see loads of advertisements for beauty products claiming to take years off you. Of course it <sup>5</sup>\_\_\_\_\_ be great if I looked younger, but I do believe <sup>6</sup>\_\_\_\_\_ when you feel good on the inside, you look good on the outside. I'd say that right now I'm the healthiest I've <sup>7</sup>\_\_\_\_\_ been and I always wake up feeling energetic and focused. If I <sup>8</sup>\_\_\_\_\_ asked to stop working, I'd refuse, because I look forward to getting up and going to a job I thoroughly enjoy. The last thing I feel like <sup>9</sup>\_\_\_\_\_ now is retiring, as there are still so many things I

want to achieve in my working life. Besides, I know my body <sup>10</sup> \_\_\_\_\_ tell me when it's time to stop working. Until then, I'll carry on.

**6 Complete the sentences with the correct form of the words in brackets.**

- 1 Emma would start crying whenever she didn't get her own way. (would/start)
- 2 Jim \_\_\_\_\_ his temper when tired. (prone/lose)
- 3 As \_\_\_\_\_, I \_\_\_\_\_ about work when I'm at home. (rule/not talk)
- 4 Bob \_\_\_\_\_ in front of our house even though we've asked him not to. (keep/park)
- 5 Lou \_\_\_\_\_ always \_\_\_\_\_ jokes. (be/tell)
- 6 On this occasion I \_\_\_\_\_ Dan's story. It does sound plausible. (inclined/believe)
- 7 You know what Sarah's like! She \_\_\_\_\_. (tendency/exaggerate)
- 8 It's an odd habit but she \_\_\_\_\_ often \_\_\_\_\_ hours \_\_\_\_\_ ready, then decide she doesn't feel like going out. (spend/get)
- 9 Jan never \_\_\_\_\_ at all tidy but now she's got her own flat, it's spotless! (used/be)
- 10 When I was a first-year student, I \_\_\_\_\_ to do my homework. (forever/forget)
- 11 Janet \_\_\_\_\_ everything in her stride and is never daunted by any challenge. (tend/take)

**Vocabulary**

**6 Underline the correct alternative.**

- 1 I was falsely *threatened/accused* of stealing money from the company.
- 2 Although I had nothing to hide, I still felt nervous when the *content/contents* of my bag were checked at customs.
- 3 Oscar dreams *off/for* becoming a famous Shakespearean actor when he's older.
- 4 Our company strategy is to *spot/grab* gaps in the market and then create products to fill them.
- 5 Burt was completely taken *in/over* by the fake pension scheme and had no idea he'd lose all his hard-earned money.
- 6 Lorna told her ten-year-old daughter she was too young to *put/wear* make-up.
- 7 Kelsey's *in/of* great shape considering he's now in his fifties.
- 8 My father always told me to *betray/stick* to my principles, no matter what was at stake.
- 9 I'm afraid I have some rather sad news. Your Aunt Alice passed *away/by* this morning in her sleep.

**7 Complete the sentences with the words in the box. There are two extra words you do not need.**

autobiographies	biographies
hilarious	
incredible	<del>predictable</del>
shaking	significant
spontaneous	swinging

- 1 I do wish that his films didn't always have such utterly predictable endings. You can always tell what's going to happen!
- 2 Seeing his comic act live was fantastic. His jokes and anecdotes were \_\_\_\_\_ and had us all in fits of laughter.
- 3 Kay loves being \_\_\_\_\_ and will often call me to suggest doing something fun right there and then.
- 4 Given they were only amateurs who'd started working on the play three months beforehand,  
I thought the performance was absolutely \_\_\_\_\_.
- 5 Although during the incident I hadn't felt scared, afterwards, I realised I was \_\_\_\_\_ like a leaf.
- 6 I have to say I'm not much into \_\_\_\_\_.  
I prefer it when the person themselves has written about their own life, not someone else.
- 7 I'd like to thank you all for staying late today. We've already made \_\_\_\_\_ progress and I'm sure we'll manage to meet the deadline.

**8 Complete the sentences with the correct form of the word in brackets.**

- 1 I'd like to have these holiday photos enlarged (large) so we can frame them and hang them up in the lounge.
- 2 I always enjoy reading the \_\_\_\_\_ (edit) pages of the Sunday papers to get a general idea of the main news items of the week.
- 3 Jack's \_\_\_\_\_ (mature) often lets him down.  
It's about time he faced up to the fact that he's no longer in his twenties.
- 4 What you're suggesting is completely \_\_\_\_\_ (ethics) and I will not allow it. It goes against all my principles.
- 5 The development of satellite links has truly \_\_\_\_\_ (form) our communication systems.

- 6 I really can't imagine Kevin being a centre manager. He's not really a people person and tends to be too \_\_\_\_\_ (confront) when it comes to dealing with conflict.
- 7 Arnold's finding it hard to get work because having invested so much into his education, he's now \_\_\_\_\_ (qualification) for a lot of the jobs he's been applying for.

**9 Match 1–6 with a)–h). There are two options you do not need.**

- 1 As no-one else seemed interested in the position, I put my \_\_\_\_\_ c
- 2 Sarah literally became a household \_\_\_\_\_
- 3 Charlotte told me she was named \_\_\_\_\_
- 4 I think June said her maiden \_\_\_\_\_
- 5 After ten years in the industry, she's made \_\_\_\_\_
- 6 Although my given \_\_\_\_\_

- a) name is Christine, everyone calls me by my middle name: Emily.
- b) up to the family name and reputation that preceded her.
- c) ~~name forward for captain of our local cricket team.~~
- d) after her great-grandmother, who was an incredibly strong and determined woman.
- e) name only as she had no real political power or authority.
- f) name overnight after appearing on a popular reality TV show.
- g) name was Crayford before she married Pete and changed it to Bracey.
- h) a big name for herself in Hollywood. It's well deserved – she's a very talented actor.

**10 Complete the personality adjectives in the sentences.**

- 1 Jane's son Harry is very inquisitive and always wants to know what's going on.
- 2 I wasn't surprised when Mandy's parents told me she was a very r \_\_\_\_\_ teenager. She still doesn't react well to being told what to do.
- 3 My sister often overreacts to things. She also becomes anxious when she can't control situations. She really is quite n \_\_\_\_\_.
- 4 Si's extremely c \_\_\_\_\_ and applies himself to everything he does. He's always methodical and meticulous when it comes to reports.
- 5 Nowadays a lot of people are a \_\_\_\_\_ when it comes to politics and so when it comes to election time, they don't bother to vote.
- 6 Lindsay will stubbornly refuse to change her opinion in spite of all attempts to persuade her otherwise. She's the most o \_\_\_\_\_ person I've ever met!

## Function

11 Complete the conversation by adding the words or phrases in the box to the phrases in bold. There are two options you do not need.

basically can is mean  
obvious on earth shouldn't you

**you**

A: <sup>1</sup>**Don't ^ agree that** voting should be compulsory, like it is in Australia?

B: But <sup>2</sup>**why** shouldn't it be up to the individual? If we live in a democracy, it should be our choice whether we vote or not.

A: Why? <sup>3</sup>**Anyone see that** politics affects our daily lives.

B: <sup>4</sup>**But** we just let politicians get on with governing the country? They know what they're doing.

A: <sup>5</sup>**So what you're saying that** we as individuals have no need to vote really?

B: Absolutely. <sup>6</sup>**Isn't it that** very little actually changes in how the country is run even after we vote for different people or parties?

A: Well, clearly we'll have to agree to disagree.

12 Cross out the extra word in each sentence.

1 Tom is always such a ~~so~~ helpful person, isn't he?

2 Why on the earth didn't you listen to me?

I warned you it was a terrible idea to go ahead alone.

3 Actually, I so do know the answer to the question!

4 My neighbours are the ones who they looked after my house while I was away.

5 It's very completely insane to spend so much money on clothes every season.

6 There's no the way you could have met Paul before. He's only just arrived in the UK.

13 Complete the sentences with the correct form of the words in the box.

catch go happen occur realise  
remind

1 I'm afraid I didn't catch the make of the car. It could have been a Renault.

2 It \_\_\_\_\_ to me that the young man was acting suspiciously.

3 My mind just \_\_\_\_\_ blank and I couldn't remember anything.

- 4 It all \_\_\_\_\_ so fast that I just froze.
- 5 She \_\_\_\_\_ me of my sister as they're both tall and blonde.
- 6 It was only later that I \_\_\_\_\_ the danger I'd been in.

## Reading

14. Read the article opposite and complete the gaps with paragraph headings a)–k) below.

- a) Surround yourself with things you love
- b) ~~Having the right attitude~~
- c) Accept times of sadness
- d) Spend time with happy people
- e) And most important of all...
- f) The power of laughter
- g) Forget numbers
- h) Take care of your health
- i) Don't feel guilty
- j) Remember simple pleasures
- k) Be a student

### Live long, keep healthy

It is now no longer unusual for people to live well into their eighties or nineties, but few would wish to end their days suffering from ill health or loneliness.

1  b

Here at *Healthy Ageing*, we believe that humour and a positive outlook play a big part in keeping us young, so we hope you will enjoy our humorous guide to growing old.

2 \_\_\_\_

Don't worry about numbers connected to age, weight and height. Let the doctors worry about those. That's what we pay them for, isn't it?

3 \_\_\_\_

Continue to learn. Keep abreast of what's going on in the world. If you don't have one already, get

a computer and teach yourself how to use it. Take up new hobbies. Get out into the garden. Join the local history society. Whatever it is, use your brain because if you don't, your brain will give up on you.

4 \_\_\_\_

Be careful about the company you keep. Avoid negative people. They bring you down and make you feel depressed. Seek out positive people.

5 \_\_\_\_

Laughter works in more ways than you can imagine. Did you know that laughter dissolves tension, stress, anxiety, irritation, anger, grief and depression? Laughter releases endorphins that boost the immune system so make sure you start seeing the funny side.

6 \_\_\_\_

Take time to listen to the birds. Sit back and watch the clouds. Go to a café and just simply watch the world go by.

7 \_\_\_\_

Everyone goes through ups and downs in their lives. It's how you deal with the difficult times that counts: cry if you need to and then just move on.

8 \_\_\_\_

Whatever that might be: family, pets, keepsakes, music or plants, for example. Your home is your refuge so make it a special place.

9 \_\_\_\_

If it is good, preserve it. If it is unstable, improve it. If you can't improve it by yourself, be sure to ask for professional help.

10 \_\_\_\_

Enjoy your pleasures, and don't reproach yourself. Go shopping, go abroad. If you have the money, enjoy it. Life is for living.

11 \_\_\_\_

Tell the people you love that you love them, at every opportunity. It's good for you; it's good for them. Don't be afraid to be open with your emotions.

We hope that you've enjoyed reading these tips. Please let us know what keeps you young at heart.

**15 Read the article again. Underline *true* (T) or *false* (F).**

According to the writer:

1 we are living longer than we used to. T/F

2 old people can feel lonely. T/F

3 it doesn't matter if we have a pessimistic outlook on life. T/F

4 doctors are paid to worry about you. T/F

5 your brain doesn't need stimulation. T/F

6 you should stick with people who have a positive outlook on life. T/F

7 laughter helps both mind and body. T/F



- 8 you must go outdoors every day. T/F  
9 crying will bring you down. T/F  
10 you should have a pet. T/F  
11 your health is your responsibility. T/F

## Writing

16 Underline the correct answer, a), b) or c).

- 1 c some teenagers watch too much television, others prefer to do sport.  
a) Additionally b) As c) While
- 2 I was frustrated at not having any news \_\_\_\_\_ the jobs I had applied for.  
a) in contrast b) regarding c) this shows
- 3 Max started working out at the gym every day \_\_\_\_\_ impress his colleagues.  
a) in addition b) for c) in order to
- 4 \_\_\_\_\_ my brother is very ambitious, he doesn't put much effort into his work.  
a) Given this b) Although c) Because
- 5 \_\_\_\_\_ her exhaustion, Sally still went to Jodie's wedding.  
a) Despite b) On balance c) Although
- 6 Ben went back to college \_\_\_\_\_ he could complete the foundation course he needed as an entry requirement to get into university.  
a) despite b) so that c) in order to