

PHONICS (Listening)

Click to listen. Then select the letter beside your answer.

1. A. plenty
B. protein
C. puddle

6. A. eat
B. step
C. sleep

2. A. ch
B. cr
C. sh

7. A. back
B. cane
C. case

3. A. check
B. clean
C. punch

8. A. bean
B. body
C. stone

4. A. body
B. lend
C. meat

9. A. 1
B. 2
C. 3

5. A. feed
B. rear
C. these

10. A. 1
B. 2
C. 3

Click to listen the story. Then select the letter beside your answer.

11. Which foods make our bodies strong and healthy?

- A. foods with fat and sugar
- B. foods with dairy products only
- C. different kinds of food

12. What do nutritionists advise us to do?

- A. eat a variety of foods
- B. never eat fruits and vegetables
- C. do not eat different foods

13. Which food would give us protein?

- A. cereal
- B. fish
- C. fruits

14. Too much of which food will likely make people unhealthy?

- A. fruits
- B. sweets
- C. vegetables