

Past Perfect Simple- Past Perfect Continuous

We use the past perfect continuous...

- ▶ To put emphasis on the duration of an action which started and finished in the past before another past action, usually with **for** and **since**.
 - ▶ They **had been looking** for a house **for** six months before they found one they liked.
- ▶ For an action which lasted for some time in the past and whose result was visible in the past.
 - ▶ Last Friday Roger had to fly to Madrid. His flight was delayed. He was annoyed. He **had been waiting** at the airport for three hours.

1) Complete the following sentences. Use past perfect continuous.

1. I _____ (work) all day, so I didn't want to go out.
2. They _____ (live) in Beijing for three years when he lost his job.
3. We _____ (eat) all day, so we felt a bit ill.
4. He was red in the face because he _____ (run).
5. It _____ (rain) and the road was covered in water.
6. We _____ (go) out for three years when we got married.
7. It _____ (snow) for three days.

8. They _____ (cycle) all day so their legs were sore in the evening.

9. Frank Sinatra caught the flu because he _____ (sing) in the rain too long.

10. How long _____ (learn / she) English before she went to London?

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2) Choose the correct option.



Lina was crying because she'd **been reading** a very sad book.

Lina didn't want to see the film, because she'd **already read** the book.

The **past perfect continuous** emphasizes the continuation of an activity. The **past perfect simple** emphasizes the completion of an activity.

1. I was really fed up because we _____ for hours.

2. She went to the police to report that someone _____ her bag.

3. It _____ all morning. The streets were wet, and there were puddles everywhere.
4. She got to work late because she _____ her phone at home and _____ go back and get it.
5. I almost didn't recognize Tony at the party. He _____ a lot since I last saw him.
6. The tourist's faces were very red. They _____ in the sun all morning and they _____ any sun cream.
7. I could see from their expressions that my parents _____.
8. Jess had a bandage on her arm because she _____ off her bike that morning.
9. I was amazed because I _____ such an enormous plane before.
10. How long _____ before you realized that you were lost?

WANNA GET EXTRA POINTS? Create a meme using the following template. 5 extra points if you don't have grammar mistakes. 4 if you have.



**when you have to
do a meme in
your English
class**

