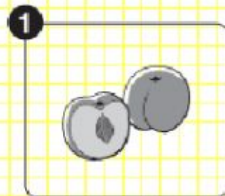


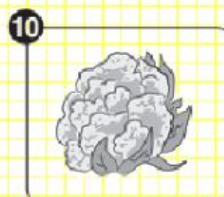
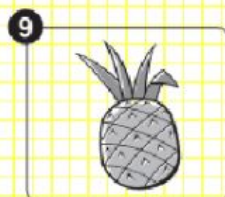
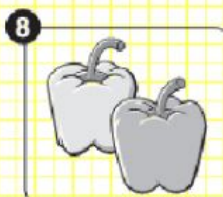
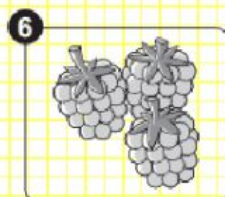
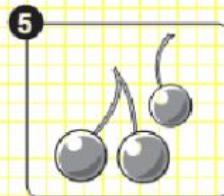
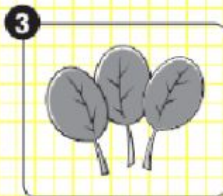
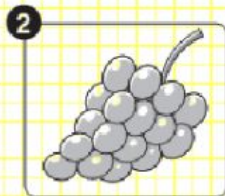
FRUIT AND VEGETABLES REVIEW



1 Look and write.



plums



2 Read and write the fruit or vegetable.

1 They're small, round and sweet. They're green or purple.

grapes

2 It's a purple vegetable, but it's white inside.

3 It's green or black. It's the same shape as a pear.

4 They're small, round and sweet. They are red or black.

5 It's white and it's got green leaves.

6 It's brown and yellow with long green leaves.

3 Read and tick (✓) what Jenny likes and cross (x) what she doesn't like.

Hi! I'm Jenny. I'm from South Africa. We have a lot of fruit and vegetables here and they're different in each season. In spring, I love strawberries. They're delicious!

We have green vegetables, too, but I don't like spinach. In summer, my favourite fruits are cherries. Pineapple is very sweet, but I don't like it at all.

In autumn, we have mushrooms and peppers. I quite like them, but I hate avocados. Cauliflower grows in winter and it's yummy.



1 Read and match.

- | | |
|--|--|
| 1 Red fruit and vegetables | a contain Vitamins A and C. |
| 2 White fruit and vegetables | b contain Vitamin C and nutrients to help absorb minerals. |
| 3 Orange and yellow fruit and vegetables | c contain nutrients for a healthy heart. |
| 4 Blue and purple fruit and vegetables | d contain fibre, calcium and Vitamin C. |
| 5 Green fruit and vegetables | e contain nutrients for your heart and stomach. |

2 Read and complete.

fibre ~~disease~~ nutrients calcium Vitamin minerals



Eating different foods helps us to stay healthy and prevent 1 disease. Fruit and vegetables contain the essential 2 _____ for our bodies. We need vitamins and 3 _____ to help us grow. We also need 4 _____ to help our digestion. Orange and yellow vegetables contain 5 _____ A for healthy eyes. Green vegetables contain 6 _____ for healthy teeth and bones.

3 Read and answer.

- 1 Which red fruits do you like? I like _____ and _____
- 2 Which vitamin is in citrus fruits? _____
- 3 Which nutrients are in green vegetables? _____
- 4 Why are orange vegetables good for you? _____
- 5 How do white fruits and vegetables help your body? _____

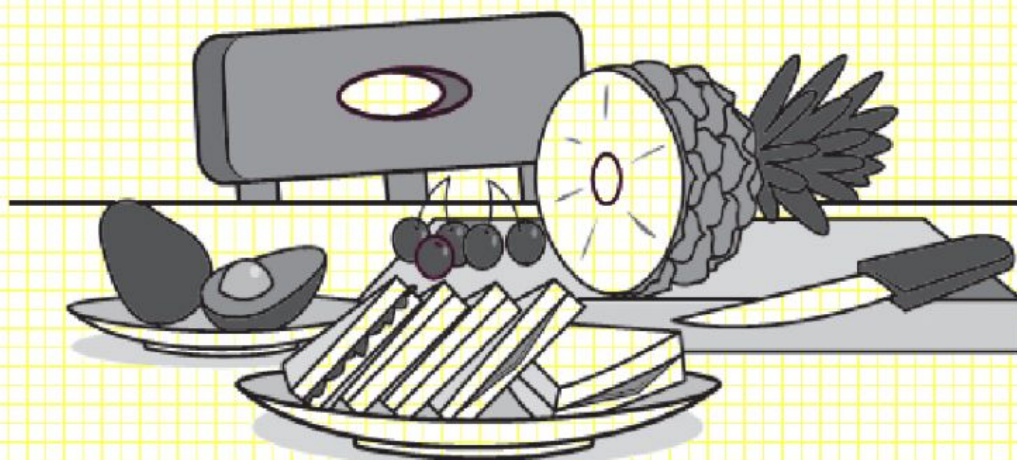


1 Read and circle.

- 1 There is / are some small seeds inside grapes.
- 2 There isn't / aren't any seeds inside strawberries.
- 3 There are some / any oranges in the basket.
- 4 There isn't / aren't any plums on the tree.
- 5 There's a / an apple on the table.
- 6 There aren't some / any bananas in the bowl.



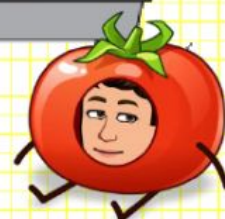
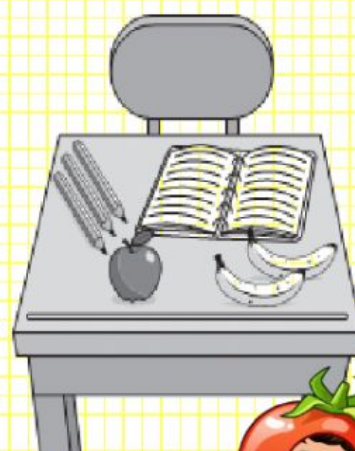
2 Look, read and complete. Use *some*, *any*, *a* or *an*.



- 1 There are some cherries.
- 2 There aren't _____ biscuits.
- 3 There's _____ avocado.
- 4 There isn't _____ aubergine.
- 5 There are _____ sandwiches.
- 6 There's _____ pineapple.

3 Look and write.

- 1 (pencils) There are some pencils.
- 2 (apple) _____
- 3 (orange) _____
- 4 (notebook) _____
- 5 (crayons) _____
- 6 (bananas) _____



1 Read and answer.

1 Is there a stone in an avocado?

Yes, there is.

4 Is there a stone inside a pineapple?

2 Are there any seeds inside strawberries?

5 Are there any seeds inside raspberries?

3 Are there any stones inside cherries?

6 Are there any seeds inside plums?

2 Look, read and complete.

Kim: Hi, Sam. Let's make vegetable soup.

Sam: Good idea. 1 Are there any peas?

Kim: Yes, there are.

Sam: 2 _____ cauliflower?

Kim: Yes, there is. There's a big one.

Sam: 3 _____ peppers?

Kim: No, 4 _____. But there are some potatoes.

Sam: 5 _____ aubergine?

Kim: No, 6 _____. But we don't need any more vegetables.



3 Look and write questions. Ask and answer with a friend.

1



biscuits / bag

Are there any
biscuits in your bag?

2



desks / classroom

3



pencils / bag

4



apple / bag

5



clock / classroom

6



computer / bedroom

