

HEALTHY HABITS.

1. Match the food to the correct group.



2. Where does it come from? Choose.



It comes from



It comes from



It comes from



It comes from

3. Tick the healthy food.



4. Match to complete the sentences.

I have breakfast

around midday

I have lunch

in the evening

I have a snack

in the afternoon

I have dinner

in the morning

5. Take and drag the healthy food

HEALTHY

FOOD



6. Choose : fruit or vegetable.



Onions



Strawberries



Grapes



Lettuce



Garlic



Banana



Watermelon



Pepper

7. Choose the correct word.



I drink lots of



I eat a lot of



I with
My friends .



I go to bed
every