

- **Choose the correct option.**

I started playing the guitar a year ago, and I would recommend it as a hobby to anyone who likes music. Taking up an instrument doesn't need to be expensive. (1) *Therefore / For instance*, you can buy a second-hand guitar very cheaply online. (2) *As for / Therefore* lessons, you don't need to pay a teacher because there are lots of videos online that you can use to teach yourself to play. Playing music is really relaxing. (3) *Moreover / For example*, there are lots of opportunities to join a band and start performing. (4) *To sum up / In this way*, you can improve your skills and make friends. Why not have a go?

I have always been interested in food. (5) *For instance / For this reason*, I was delighted when my local college started offering cookery lessons. The classes weren't expensive, and I (6) *therefore / in this way* decided to sign up. I loved it from the start, and I've learned to make some great dishes. Cooking is a really creative hobby. (7) *As a result / Furthermore*, it's something you can share with your friends, because everyone enjoys eating good food! It isn't expensive, either. (8) *As a result / To sum up*, cooking is an affordable, fun and sociable thing to do in your free time – you should definitely try it!

1. *Although / However* Jack is only fifteen, he takes his health very seriously.
2. Junk food is cheap, *despite / whereas* healthy foods are often quite expensive.
3. Schools can't force young people to do exercise. *On the other hand / Whereas*, they can certainly encourage them to take up a sport.
4. Joining a gym is quite expensive. *Although / However*, it can bring a lot of benefits.
5. I went for a run this morning *despite / in spite* the bad weather.
6. *While / Nevertheless* a lot of people would like to cycle to work, they don't do it because they think the roads are not safe.
7. We all know that junk food is bad for us, but *in spite of / although* this, we all eat it from time to time.
8. Walking is a very gentle form of exercise. *Nevertheless / Although*, it is still very good for your health.