Present Perfect / Present Perfect Continuous / Past Simple

I. Choose present perfect simple and Continuous

1. I .....(not/do) the housework yet.
2. They ..... (study) very hard recently.
3. She ..... (promise) to help many times.
4. He ..... (clean) the kitchen. Everything is sparkling clean.
5. She ..... (write) her essay and ..... (send) it to her
6. He..... (see) the film 'The King's Speech' about six times.
7. We ..... (paint) our living room. I think it looks a lot better.
8. She ..... (take) French lessons lately.
9. It ..... (not/rain) for three hours! Only about one hour.
10. Lucy..... (leave) .

II. Choose Past simple or Present Perfect.

1. I..... (see) three police cars this morning.
2. After he ..... (arrive) home, he ..... (unpack) and ..... (go) to bed early.
3. A: What's wrong? / B: I ..... (break) a glass.
4. My grandparents only ..... (know) each other for a few months before they ..... (get) married.
5. I ..... (be) in London for three years. I love it here.
6. We ..... (see) Julie last night.
7. He ..... (be) a teacher before he ..... (become) a musician.
8. When the boss ..... (walk) into the room we ..... (know) someone was going to get fired.
9. The children ..... (break) a window in the school last week.
10. He ..... (see) that film last year.