

7 Click the correct answers.

- 1 Children **mustn't** / **can** swim in the swimming pool without adults. It's a rule.
- 2 Lisa **can** / **must** play football for hours without getting tired. She's amazing!
- 3 You **must** / **mustn't** go rollerblading on the tennis court!
- 4 You're ill. You **can** / **must** drink lots of liquid.
- 5 I'm very slow. I **can't** / **mustn't** run fast.

8 Complete the sentences with the correct form of **can** or **could**. Type the answers. Then check.

- 1 you play cricket this afternoon?
- 2 My sister drive our car. She's too young.
- 3 your grandparents buy processed food in 1950?
- 4 all types of birds swim?
- 5 We watch the match on TV because we got home too late.
- 6 I eat milk products. I'm allergic to them.

9 Complete the tips with the verbs in brackets below and the correct form of **should**. Type the answers. Then check.

- 1 You (be) in the sun without a hat.
- 2 You (have) a healthy breakfast with lots of vitamins every day.
- 3 you (add) sugar to juice? No, you !
- 4 You (swim) in the ocean after you have a big meal.
- 5 You (drink) tea or coffee with caffeine right before you go to bed.
- 6 For a healthy lifestyle, you (do) sport at least three times a week.