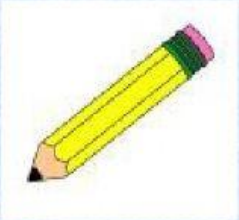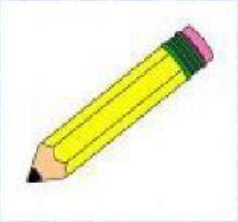= ☐