SIX EASY IDEAS
TO HELP SAVE THE PLANET

The Earth needs your help. It's warming up, the Arctic is melting, the rainforests are getting smaller and smaller and habitats are disappearing. But there are lots of simple, fun things you can do to save the environment.



1 Each year we throw away millions of mobile phones. But when the time comes to kiss your old phone goodbye, why not recycle it? It takes 45 times less CO_2 to recycle an old phone than to make a new one. And you can raise money for charity too.



2 Human activity and pollution threaten wildlife. So, why not do a fun run for charity and raise money to protect animals such as elephants or tigers? Or help protect endangered species in your country by volunteering for a local nature reserve.



3 Planting new trees is as important as saving old ones. Choose a place where a tree can grow big and tall. Then sow a tree seed and watch it grow. It's the easiest thing, but possibly the best thing you can ever do. Your grandchildren will thank you!



4 Help the planet and get as fit as a fiddle! Cycling is a lot healthier, cheaper and more environmentally friendly than taking a bus. So ride your bike and reduce your carbon footprint.



5 You use a plastic bag for five minutes, but it can take 500 years to decompose! Producing plastic bags also contributes to global warming, and they often end up as litter or harm wildlife. So take your own bag to the shops or use biodegradable ones!



6 A sloth is the laziest animal in the world! It spends most of its life hanging from branches. Joining the Sloth Club helps protect sloths and encourages us to live like them, too. Not by hanging upside down, but by doing less and living more simply!



- Become a global citizen
- Help save endangered animals
- Get on your bike
- Plant a tree
- Help the planet - do nothing
- Say no to plastic bags
- ~~Recycle your mobile~~

1 *Recycle your mobile*

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