

Complete the sentences with **should** or **shouldn't**

1. You _____ avoid using public transport wherever possible.
2. You _____ touch your face with dirty hands.
3. You _____ wash your hands for less than 20 seconds.
4. You _____ always wash your hands with soap.
5. You _____ shake hands.
6. You _____ wear your face mask in places where there are lots of people.
7. You _____ stop exercising.
8. You _____ sleep less.
9. You _____ self-isolate if you suspect you've been infected.
10. You _____ disinfect your mobile phone.
11. You _____ use hand sanitizer that's less than 60% alcohol.
12. You _____ eat a lot of veggies.
13. You _____ go out when you're sick.
14. You _____ forget to drink water.
15. You _____ check the news before bed.
16. You _____ do things you enjoy.
17. You _____ continue to observe social distancing when you are outside, ensuring you are 2 metres away from anyone outside your household.
18. You _____ use an outdoor gym or playground.