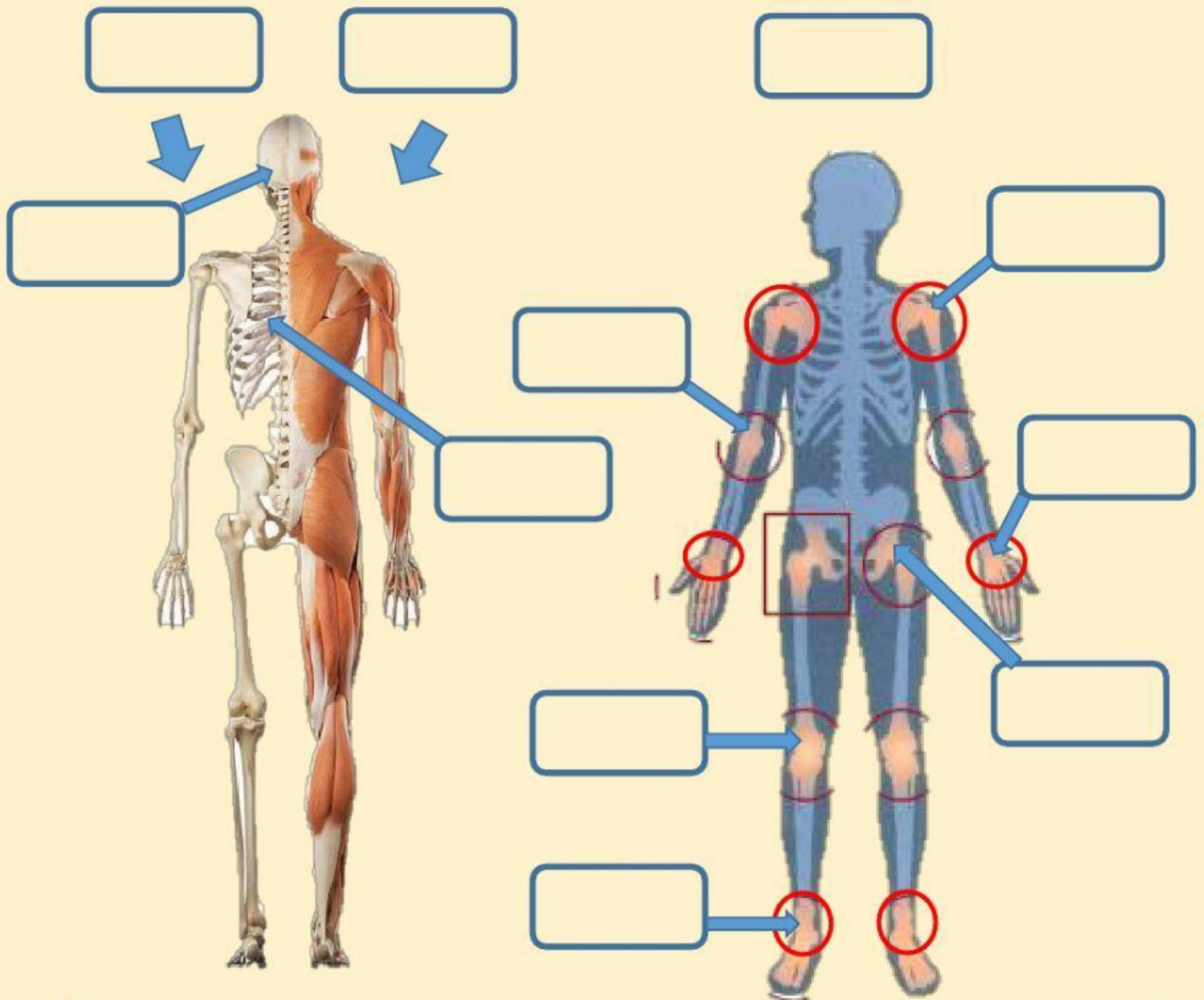


THE LOCOMOTOR SYSTEM

The locomotor system makes our body move. It's made up of **bones**, **joints** and **muscles**.

- **Bones** = We have 206 bones. They are hard and rigid. Some bones protect organs. The **skull** protects the brain. The **ribs** protect the lungs and heart.
- **Muscles** = We have 600 muscles. They are elastic and flexible.
- **Joints** = Joints are where two or more bones meet. The main joints are: **neck**, **shoulder**, **elbow**, **wrist**, **hip**, **knee** and **ankle**.



joints

muscles

bones

ribs

skull

shoulder

hip

ankle

elbow

wrist

knee