

Health and Safety Guidelines

Listening 1

Listen to the presentation. Number the illustrations in the order the speaker mentions them.



Listening 2

Match 1-5 with a-e. Then listen again and check.

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| 1 What did the speaker say about hazardous waste? | a) He said, "Waste needs to be sorted properly and dealt with properly" |
| 2 What is one of the most common accidents? | b) He called it PPE. |
| 3 What did he say about rigging loads? | c) He told us not to rig loads unless we're trained to do it. |
| 4 What happened in sand last year? | d) He said it's falls. |
| 5 What did he call protective clothing? | e) He said that one person died by being buried alive. |

Vocabulary 3

Choose the correct verb to complete the advice

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|-----------------------------|------------------------------|
| 1 _____ the instructions | 5 _____ the equipment. |
| 2 _____ proper precautions. | 6 _____ your hard hat. |
| 3 _____ rig corners. | 7 _____ the recommendations. |
| 4 _____ your time. | |