Ariana Grande's workout routine

Complete the sentences with the right form of the verb in brackets. Then mark all the time expressions.

Staying active and healthy is important to Ariana Grande. She _____ (lead) a very busy lifestyle, but she _____ (not forget) to care for her health.

It _____ (not mean) that she _____ (spend) hours every day in the gym. Since she _____ (travel) the world on tours, she _____ (need) a simple workout routine, without heavy equipment. In fact, she often _____ (complete) her routine on the floor of a hotel room.

Ariana _____ (do) a lot of Yoga and Pilates. She also _____ (take) at least 12,000 steps in a day! She _____ (say) that she always _____ (feel) better when she is moving around a lot.

In 2016, the singer told a reporter: " I _____ (try) and live a healthy lifestyle; eating right, exercise and sleep are all so important… and I _____ (stay) active. I _____ (like) to hike when I can and being on stage is a great workout."

And back in 2013 when she was 18, she said in an interview: "I _____ (jog) up to the Hollywood sign every weekend." Then added, "Nothing burns more calories than dancing in five-inch heels… try it!"

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