

Truths about common illnesses

TITLE 1

NARRATOR: THE COMMON COLD IS A VERY COMMON ILLNESS, ESPECIALLY IN THE WINTER. BUT IS IT THE COLD THAT CAUSES IT? MEET DOCTORS JAVID, HELEN, AND PHIL, WHO WANT TO KNOW IF IT'S FACT OR FICTION: CAN YOU REALLY CATCH A COLD FROM BEING COLD?

PHIL: I THINK IT'S ABSOLUTE NONSENSE, I THINK YOU CATCH A COLD FROM A COLD VIRUS.

HELEN: BUT THEN WE TEND TO SEE MORE COLDS IN WINTER AND MY GRAN, VERY WISE WOMAN MY GRANDMA, AND SHE ALWAYS SAYS 'MAKE SURE YOU'RE COVERED UP, OTHERWISE YOU'LL CATCH A COLD', I MEAN... THERE MIGHT BE SOMETHING IN IT?

JAVID: I JUST THINK THAT WE WEREN'T DESIGNED TO EXIST IN THE COLD WEATHER.

PHIL: JAVID DOESN'T LIKE BEING COLD.

JAVID: I HATE IT.

PHIL: I THINK WE SHOULD SEND JAVID OUT TO GET REALLY COLD.



TITLE 2

NARRATOR: TO FIND OUT WHETHER BEING COLD CAN GIVE YOU A COLD, JAVID IS HEADING OFF TO THE CAIRNGORM MOUNTAINS IN THE SCOTTISH HIGHLANDS. JAVID AND 30 OTHERS ARE GOING TO TAKE THEIR COATS OFF AT THE PEAK OF THE MOUNTAIN AND SEE IF THEY CATCH COLDS.

JAVID: HOW LONG ARE THE COATS COMING OFF FOR?

ROB: 15 MINUTES, GUYS.

JAVID: RIGHT, SO SHALL WE DO IT?

CROWD: YES!

JAVID: AFTER YOU... ROB, HOW COLD IS IT?

ROB: IT'S ABOUT TWO DEGREES.

JAVID: IT FEELS LIKE IT.

CROWD: THREE... TWO... ONE... COATS ON!

NARRATOR: WHEY! NOW THEY HAVE TO WAIT FOR THE RESULTS.

