

# WHAT KIND OF A **FRIEND** ARE YOU?

I sometimes feel a bit **anxious** in situations where there are lots of people.

When my friends are **annoying**, I tell them. But I am **sensitive** to their feelings.

I hang out with my friends if I have spare time.

I don't like planning too much. Let's just see what happens!

I prefer to listen to other people's ideas, although I sometimes have good ideas too.

If my friends have a problem, then I'll listen.

I love laughing, especially when I feel **silly**!

My friends trust me with their secrets.

I love my friends, but I really love being on my own.

I'd do anything to help my best friends.

I have lots of best friends – girls and boys!



## 1 MOSTLY ORANGE Brilliant best friend

You're a **reliable** best friend. And you're also kind, honest and caring, and your friends know how **sensible** you are! You're a **thoughtful** and sweet person, and it's no surprise that you love having people around you.

## 2 MOSTLY YELLOW The cheerful chum

You've got loads of friends and you're **easygoing**! You love having fun and you'd never be cruel to anyone. You are never **jealous** of other people, and everyone likes that! People love having you at parties! Go, **sociable** you!

## 3 MOSTLY GREEN The perfect pal

You prefer to have a few close friends rather than lots of friends. You're confident, **talented** and **loyal** to your friends. You love hanging out with your friends but you also like to spend time alone.

Match the **words** in the box to the meanings.

annoying

anxious

easygoing

jealous

loyal

reliable

sensible

sensitive

silly

sociable

talented

thoughtful

- 1 making you **feel angry**
- 2 someone you can trust and/or believe
- 3 behaving in a careful way that shows good judgement
- 4 enjoying being with people
- 5 worried and nervous
- 6 relaxed and calm
- 7 behaving in a way that is funny and not serious
- 8 having a natural ability to do something
- 9 always supporting and liking someone
- 10 thinking about how you can help other people
- 11 wanting something that someone else has
- 12 being easily upset by things other people say or do to you

Listen to Sophie and Ben talking about the quiz. Which of the below adjectives would you use to describe them?

Write in the spaces provided.

annoying

anxious

easygoing

honest

jealous

loyal

reliable

reliable

sensitive

silly

sociable

talented

thoughtful

Sophie

Ben