






Name \_\_\_\_\_ Class \_\_\_\_\_ Number \_\_\_\_\_

## Food Selection



<< Click on this button to play!

**Directions:** Listen and choose the correct answer.

<p><b>Cereals</b></p>  <p>Choose rice, _____, red beans, or green beans. When you use grains like beans, you should choose ones that are _____ and whole and don't smell musty. No sand or other things that don't belong.</p>	<p><b>Rhizomes</b></p>  <p>When choosing sweet _____, potatoes, taro, and other rhizomes, look for ones that are solid and don't have any _____.</p>
<p><b>Fruits</b></p>  <p>Fruits should have whole _____, bright colors, a lot of water, no mold, and shouldn't or _____.</p>	<p><b>Seafood</b></p>  <p>_____ : Fresh shrimps are bright and don't smell bad or _____.</p>
<p><b>Meat</b></p>  <p>When buying meat, you should choose a _____ shop with _____ and a certificate of electric slaughter, or one with the CAS excellent meat mark.</p>	<p><b>Vegetables</b></p>  <p>For leafy vegetables, choose ones with fresh, _____ leaves that aren't withering or have _____.</p>