

Keynote Elementary 12.2

A. Complete the sentences by filling in the gaps with the correct word(s) from the box:

Choices - dry - harmful - germs - hygiene - rest - weights - regularly - paper towel - hand sanitizer - take part

1. Good _____ is important for your health and well-being.
2. Washing your hands frequently can help prevent the spread of _____.
3. When you sneeze or cough, use a _____ to avoid spreading germs to others.
4. Using _____ can help kill germs on your hands when soap and water are not available.
5. After work, she went to her room to _____ for a while.
6. Making healthy _____ is an important part of maintaining a balanced diet.
7. Using too much hand sanitizer can be _____ to your skin.
8. Lifting _____ can help you build muscle and improve your overall fitness.
9. 'She goes out to dinner quite _____.
10. If you _____ in regular physical activity, you can improve your health and reduce your risk of chronic diseases.
11. When you wash your hands, be sure to _____ them thoroughly to avoid leaving them wet.

B. Irregular verbs

pay			φτιάχνω
	made		πληρώνω
		meant	συναντώ
must			εννοώ
		met	πρέπει