

## Keynote Elementary 12.2

A. Complete the sentences by filling in the gaps with the correct word(s) from the box:

Choices - dry - harmful - germs - hygiene - rest - weights - regularly - paper towel - hand sanitizer - take part

1. Good \_\_\_\_\_ is important for your health and well-being.
2. Washing your hands frequently can help prevent the spread of \_\_\_\_\_.
3. When you sneeze or cough, use a \_\_\_\_\_ to avoid spreading germs to others.
4. Using \_\_\_\_\_ can help kill germs on your hands when soap and water are not available.
5. After work, she went to her room to \_\_\_\_\_ for a while.
6. Making healthy \_\_\_\_\_ is an important part of maintaining a balanced diet.
7. Using too much hand sanitizer can be \_\_\_\_\_ to your skin.
8. Lifting \_\_\_\_\_ can help you build muscle and improve your overall fitness.
9. 'She goes out to dinner quite \_\_\_\_\_.
10. If you \_\_\_\_\_ in regular physical activity, you can improve your health and reduce your risk of chronic diseases.
11. When you wash your hands, be sure to \_\_\_\_\_ them thoroughly to avoid leaving them wet.

B. Irregular verbs

pay			φτιάχνω
	made		πληρώνω
		meant	συναντώ
must			εννοώ
		met	πρέπει