

# 100 EMOTIONAL ADJECTIVES WORKBOOK (WITH ANSWER SHEET)



DELIGHTED



FRISKY



FASCINATED



ANNOYED



PHOBIC



DEPRESSED



MELANCHOLIC



APATHETIC



CHIPPER

ONLINE & OFFLINE CREATIVE WRITING  
TRIAL CLASSES AVAILABLE



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## Master Exercise 1

No	word/phrase	meaning
1	<b>benumbed</b>	<u>deprived</u> of physical or emotional feeling.
2	<b>persistent</b>	refusing to give up
3	<b>disheartened</b>	having lost determination or confidence
4	<b>disillusioned</b>	disappointed in someone or something that one <u>discovers</u> to be less good than one had believed.
5	<b>resolute</b>	determined and unwavering



## Master Exercise 1

persistent	benumbed	disheartened
disillusioned	resolute	

1. She was \_\_\_\_\_ with grief at the death of her husband. Her eyes were cold and lifeless. Perhaps, they have dried out from crying.
2. Like a fly, she was \_\_\_\_\_ to get that job. She was determined to help her family during difficult times.
3. The poor girl was \_\_\_\_\_ to know that she had been disqualified from the competition.
4. She was \_\_\_\_\_ to find out that her husband was not a military officer but a scam artist!
5. Despite failing numerous times, she was \_\_\_\_\_ and determined that she would eventually reach success.



## Master Exercise 2

No	word/phrase	meaning
1	<b>relieved</b>	happy that something bad is finally over
2	<b>unflappable</b>	unfazed. Having or showing calmness in a crisis
3	<b>dumbfounded</b>	greatly <u>astonished</u> or <u>amazed</u> .
4	<b>repulsed</b>	disgusted
5	<b>desperate</b>	despair that prompts reckless action or violence in the face of defeat or frustration



## Master Exercise 2

dumbfounded	relieved	unflappable
repulsed	desperate	

1. The mother was \_\_\_\_\_ when her daughter finally came home safely. The tension on her face eased.
2. Despite being in such a stressful work environment, she was simply \_\_\_\_\_. She was as cool as a cucumber.
3. I was \_\_\_\_\_ to find out that my favourite teacher had resigned. I was too stunned to speak.
4. She was \_\_\_\_\_ by the stalker's persistence to get her attention.
5. The man was so \_\_\_\_\_ to obtain money for his daughter's operation that he was prepared to even rob a bank.



## Master Exercise 3

No	word/phrase	meaning
1	<b>humiliated</b>	make (someone) feel <u>ashamed</u> and <u>foolish</u> by <u>injuring</u> their d ignity and pride.
2	<b>flustered</b>	<u>agitated</u> or confused.
3	<b>fatigued</b>	exhausted
4	<b>querulous</b>	complaining in a rather petulant or <u>whining</u> manner.
5	<b>frisky</b>	playful



## Master Exercise 3

frisky	querulous	fatigued
humiliated	flustered	

1. Over the years, she became \_\_\_\_\_ and demanding. She would whine and whine until she got her way.
2. My cat must be feeling \_\_\_\_\_ today. She was full of beans and kept wanting to play!
3. Feeling \_\_\_\_\_, she plopped onto the sofa and fell into a deep slumber.
4. Turning scarlet, she was obviously \_\_\_\_\_ by the bad behaviour of her students. She was about to blow her top at any moment.
5. Face burning with shame, Josephine left the party as she felt extremely \_\_\_\_\_ after being taunted by the hostess.



## Master Exercise 4

No	word/phrase	meaning
1	<b>distressed</b>	extreme anxiety, <u>sorrow</u> , or pain.for pleasure or display.
2	<b>appalled</b>	greatly <u>dismayed</u> or <u>horrified</u> .
3	<b>sickened</b>	disgusted
4	<b>perplexed</b>	confused
5	<b>unrepentent</b>	not sorry for one's wrongdoings



## Master Exercise 4

sickened	unrepentant	perplexed
distressed	appalled	

1. Till his dying day, the old outlaw was \_\_\_\_\_ about looting the peasants. He never felt the need to apologise.
2. Scratching her head, Jaslyn was \_\_\_\_\_ by the commotion happening in front of her. She had no idea what was going on.
3. He was \_\_\_\_\_ by the sight of rotting food. He could almost taste the vomit building up to his throat.
4. The idiocy of his behaviour \_\_\_\_\_ her. She shook her head in disapproval before leaving the premises.
5. The victim was severely \_\_\_\_\_ after being robbed at gun point in the middle of the day.

