

## Teenagers and media

**T**eenagers today are heavily influenced by media in many forms, including television, social media, movies, and video games. These media platforms can have both positive and negative effects on the development of teenagers. On the one hand, exposure to diverse cultures, ideas, and perspectives through media can broaden their horizons and increase empathy towards others. Indeed, excessive contact with violent, sexual, or unrealistic content can negatively impact their mental health, body image, and self-esteem. It is important for parents and caregivers to monitor and regulate their children's media consumption and provide guidance on healthy media use. As mental health professionals, it is crucial that we educate teenagers on the potential risks and benefits of media and encourage responsible media use.

What is the focus of this paragraph?

What is the intended purpose of this paragraph?

Who is the target audience of this paragraph?

What is the topic sentence of the paragraph?

How many supporting sentences does the writer include in the paragraph?

What type of concluding sentence does the writer use to close the paragraph?