

1 Complete the sentences with the verbs in the box.

count drink eat give go look put on sleep speak take talk turn

- 1 You should _____ for a different one. One that you like.
- 2 You shouldn't _____ your food so fast!
- 3 You should go to _____ for an hour or two.
- 4 You shouldn't _____ to him if he isn't very nice.
- 5 You should _____ it off for two hours a day.
- 6 You should _____ a jumper.
- 7 You shouldn't _____ it any food.
- 8 You should _____ outside at lunchtime and get some sun.
- 9 You shouldn't _____ the bus. It's slow. Take the metro.
- 10 You should _____ slowly from 1 to 100. That always helps me.
- 11 You should _____ more water.
- 12 You should _____ to Jon. He's a mechanic.

2 Match the problems a–l with the advice 1–12 in Exercise 1.

- a I don't feel very well. _____
- b I don't sleep well at night. _____
- c It's cold in here. _____
- d I don't like my job. _____
- e My next-door neighbour isn't very polite. _____
- f There's something wrong with my car. _____
- g One of my neighbour's cats visits me every evening. _____
- h It takes me a really long time to get to work every day. _____
- i I feel sick after that meal. _____
- j I sit in an office all day, every day. _____
- k I'm always on my phone. _____
- l I'm always thirsty. _____