1 Complete the sentences with the verbs in the box.

count	drink	eat	give	go	look	put on	sleep	speak	take	talk	turn

1 You should _____ for a different one. One that you like.
2 You shouldn't _____ your food so fast!
3 You should go to _____ for an hour or two.
4 You shouldn't _____ to him if he isn't very nice.
5 You should _____ it off for two hours a day.
6 You should _____ a jumper.
7 You shouldn't _____ it any food.
8 You should _____ outside at lunchtime and get some sun.
9 You shouldn't _____ the bus. It's slow. Take the metro.
10 You should _____ slowly from 1 to 100. That always helps me.
11 You should _____ more water.
12 You should _____ to Jon. He's a mechanic.

2 Match the problems a–l with the advice 1–12 in Exercise 1.

a I don't feel very well. _____
b I don't sleep well at night. _____
c It's cold in here. _____
d I don't like my job. _____
e My next-door neighbour isn't very polite. _____
f There's something wrong with my car. _____
g One of my neighbour's cats visits me every evening. _____
h It takes me a really long time to get to work every day. _____
i I feel sick after that meal. _____
j I sit in an office all day, every day. _____
k I'm always on my phone. _____
l I'm always thirsty. _____

LIVEWORKSHEETS