

1 Complete the sentences with the verbs in the box.

count	drink	eat	give	go	look	put on	sleep	speak	take	talk	turn
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- 1 You should _____ for a different one. One that you like.
- 2 You shouldn't _____ your food so fast!
- 3 You should go to _____ for an hour or two.
- 4 You shouldn't _____ to him if he isn't very nice.
- 5 You should _____ it off for two hours a day.
- 6 You should _____ a jumper.
- 7 You shouldn't _____ it any food.
- 8 You should _____ outside at lunchtime and get some sun.
- 9 You shouldn't _____ the bus. It's slow. Take the metro.
- 10 You should _____ slowly from 1 to 100. That always helps me.
- 11 You should _____ more water.
- 12 You should _____ to Jon. He's a mechanic.

2 Match the problems a–l with the advice 1–12 in Exercise 1.

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| a I don't feel very well. | _____ |
| b I don't sleep well at night. | _____ |
| c It's cold in here. | _____ |
| d I don't like my job. | _____ |
| e My next-door neighbour isn't very polite. | _____ |
| f There's something wrong with my car. | _____ |
| g One of my neighbour's cats visits me every evening. | _____ |
| h It takes me a really long time to get to work every day. | _____ |
| i I feel sick after that meal. | _____ |
| j I sit in an office all day, every day. | _____ |
| k I'm always on my phone. | _____ |
| l I'm always thirsty. | _____ |