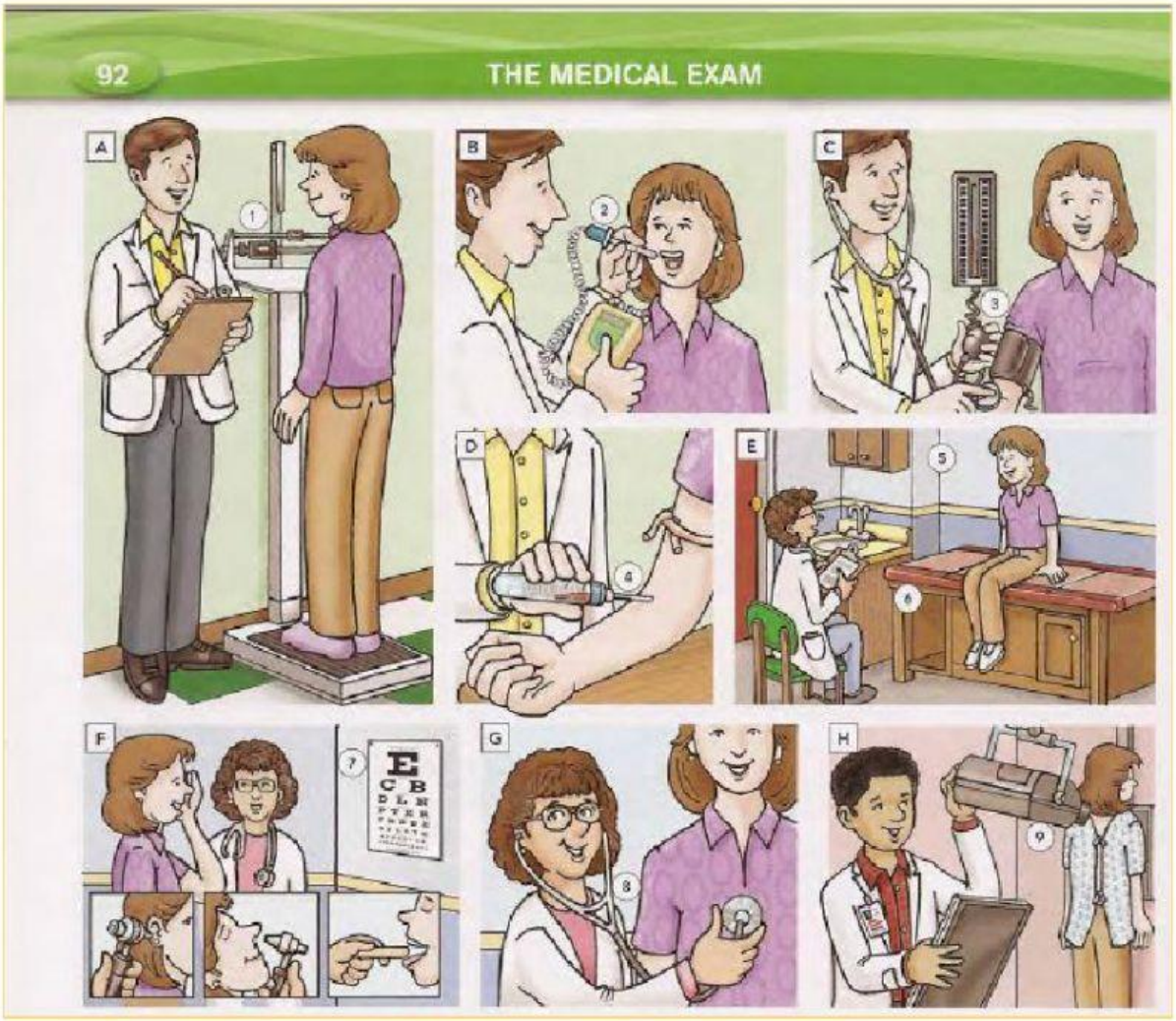
ADAPTED BY LIC. MARLON HERNÁNDEZ SALAS

MODULE: Desarrollo de Procesos de Comunicación en inglés a Nivel Intermedio

LEARNING UNIT # 1

How often do you see a doctor?

Are you afraid of medical exams?

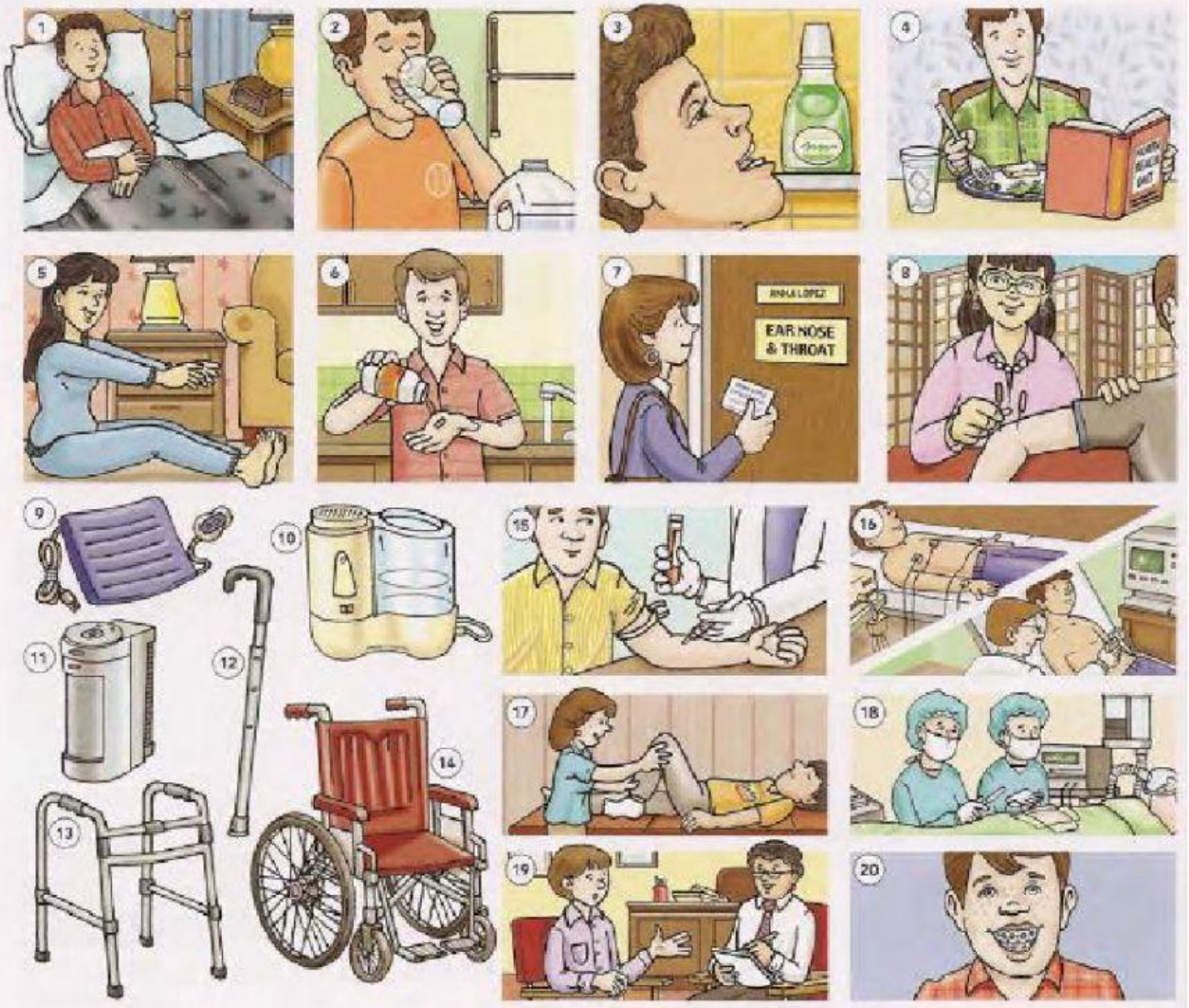


A measure your height and weight
B take your temperature
C check your blood pressure
D draw some blood
E ask you some questions about your health
F examine your eyes, ears, nose, and throat
G listen to your heart
H take a chest X-ray

1 scale
2 thermometer
3 blood pressure gauge
4 needle/syringe
5 examination room
6 examination table
7 eye chart
8 stethoscope
9 X-ray machine

LIVEWORKSHEETS

MEDICAL ADVICE



1 rest in bed
2 drink fluids
3 gargle
4 go on a diet
5 exercise
6 take vitamins
7 see a specialist
8 get acupuncture
9 heating pad
10 humidifier
11 air purifier
12 cane
13 walker
14 wheelchair
15 blood work/blood tests
16 tests
17 physical therapy
18 surgery
19 counseling
20 braces



A. I think { you should [1–8]. / you should use a/an [9–14]. / you need [15–20]. }
B. I see.



A. What did the doctor say?
B. The doctor thinks { I should [1–8]. / I should use a/an [9–14]. / I need [15–20]. }

LIVEWORKSHEETS





Role Play Instructions: Make a role play in which you include the vocabulary studied in class. Make sure you include vocabulary about body parts, ailments, symptoms, injuries, and emergencies. Watch the next two videos to get some ideas.

Group Work



WATCH THE VIDEO

/w.youtube.com/watch?v=5jP6qM3Kakc

/w.youtube.com/watch?v=IHKdEwc5Omw

WATCH THE VIDEO

LIVEWORKSHEETS





LISTENING TASK # 1



Instructions: Listen again. Will Mia follow her friend's suggestions? Check (x) yes or no.

	YES	NO
1)		
2)		
3)		
4)		
5)		

LIVEWORKSHEETS

Listening

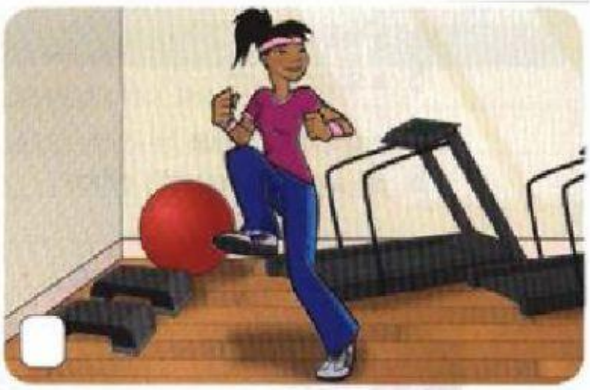
LISTENING TASK # 2



LISTENING SKILLS
by teacher Marlon

Instructions: Mia is feeling stressed out. What activities does her friend suggest? Number the activities from 1 to 5. (There is one extra activity.)













LIVEWORKSHEETS



LISTENING TASK # 3



Instructions: Listen again. Will Mia follow her friend's suggestions? Check (x) yes or no.

	YES	NO
1.		
2.		
3.		
4.		
5.		



LISTENING TASK # 4



Instructions: Listen. People are talking about health and relaxation. Where are they? Circle the correct answers.

LIVEWORKSHEETS

1.	a tea shop	a sports gym
2.	a doctor's office	an aromatherapist's office
3.	a yoga class	a massage therapist's office
4.	a sports gym	a health food store
5.	a doctor's office	a yoga class



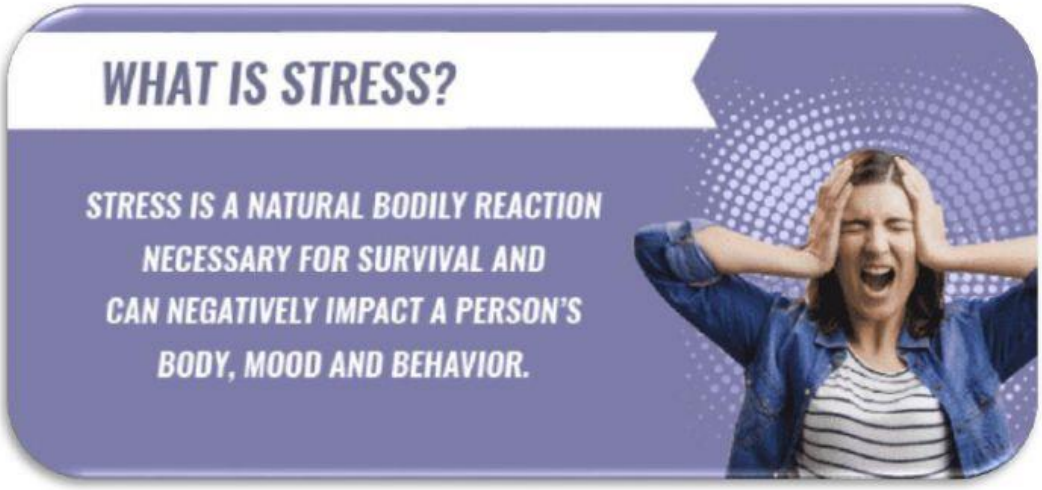
LISTENING TASK # 5



Instructions: Listen. People are talking about health and relaxation. Where are they? Circle the correct answers.

	sleep better	feel younger	look younger	have more energy	feel calmer
1.					
2.					
3.					
4.					
5.					

LIVEWORKSHEETS



Let´s talk about Stress



- When was the last time you were stressed?
- What do you do to manage stress?
- Do you get stressed at INA / work?
- Does stress ever affect your sleep?
- How can stress negatively impact a person's health?
- Do you think it is easy to identify stress?
- How can you help someone who is feeling stressed out?
- What activities help you to relax when you are stressed?
- When you're stressed, does it last for a short or a long time?
- Do you feel anxious or nervous when you meet new people?
- What kind of things stress you out?
- What do you think is the most stressful job in the world?
- What do you think is the most stress-free job in the world?
- Do you think stress is ever a good thing?
- Would you rather have a high-paying stressful job, or a low-paying stress-free job?

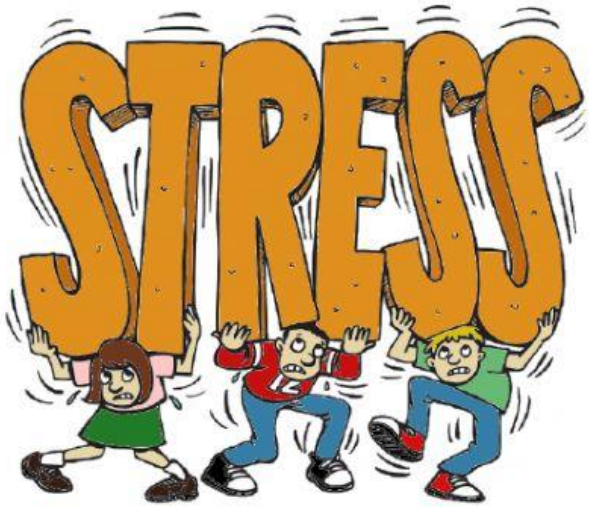


- What are some healthy ways to relieve stress?
- What are some unhealthy ways to relieve stress?
- Do you get stressed when you read the news?
- Do you think social media can make people stressed?
- What's your favorite place to go to relax?
- Is it possible to live a completely stress-free life?
- What do you think would be more stressful? Getting married or moving house?
- Have you ever helped someone who was felling stressed?
- Do you think stress is a mental or physical condition?
- What would a stress-free vacation be like?
- How many times a day do you feel stress?

LIVEWORKSHEETS

Instructions: Listen again. Will Mia follow her friend's suggestions? Check (x) yes or no.

1.	a. meditation b. massage c. yoga
2.	a. aromatherapy b. a hot bath c. herbal tea
3.	a. massage b. yoga c. exercise
4.	a. exercise b. sleep c. vacation
5.	a. massage b. aromatherapy c. meditation



Group Work



Activity: Plan one activity to help your English group release stress. That activity shouldn´t take more than 12 minutes. Let´s be creative and develop your soft skills.

LIVEWORKSHEETS