

Name: _____

What should you do to live a healthy life style?

Match the pictures with the sentences:

1. I **should get up** early.

2. I **should drink** a lot of water.

3. I **should eat** three meals a day.

4. I **should brush** my teeth well.

5. I **should do** some exercise.

6. I **should go to bed** early.

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7. I **shouldn't eat** too much junk food.

8. I **shouldn't drink** too much soda.

9. I **shouldn't watch** too much TV.

10. I **shouldn't stay up** late.

11. I **shouldn't skip** breakfast.

12. I **shouldn't play** too many
computer games.

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