

ADVERBS OF FREQUENCY AT THE BEACH

			
sunbathe	Make a castle	Swim in the sea	Go fishing
			
Eat seafood	Play volleyball	Go scuba diving	sail
			
Pick up shells	Go snorkeling	Play frisbee	
			
Go surfing	Ride a banana boat	Go parasailing	

%	Adverb of Frequency	Example
100%	Always	I always study after class
90%	Usually	I usually walk to work
80%	Normally / Generally	I normally get good marks
70%	Often / Frequently	I often read in bed at night
50%	Sometimes	I sometimes sing in the shower
30%	Occasionally	I occasionally go to bed late
10%	Seldom	I seldom put salt on my food
5%	Hardly ever / Rarely	I hardly ever get angry
0%	Never	Vegetarians never eat meat
Subject + Adverb + Main Verb		Subject + BE + Adverb
Daniel always passes his exams.		He is always happy.

Look at the adverb of frequency picture and answer the following questions about you.

Example: How often do you eat seafood?

I **never** eat seafood.

1. How often do you swim when you go to the beach?
2. How often do you go scuba diving when you go to the beach?
3. How often do you pick up shells when you go to the beach?
4. How often do you do you sunbath when you go to the beach?
5. How often do you eat seafood when you go to the beach?
6. How often do you make sand castles when you go to the beach?
7. How often do you ride a banana boat?
8. How often do you go fishing?