

VOCABULARY

1 Complete the words with the groups of letters in the boxes.

Write the **WHOLE** word!!!

- 0 Your **el** _____ is in the middle of your arm.
- 1 Your **kn** _____ is in the middle of your leg.
- 2 Don't surf the internet just before bedtime because you won't feel **sl** _____.
- 3 Last night I had a really bad stomach _____.
- 4 Your **br** _____ is mainly made of water, so drinking plenty of water helps you to think.
- 5 I usually sleep **b** _____ the night before an exam because I'm so nervous!
- 6 Most people's **h** _____ beat about 72 times each minute.
- 7 I usually get **r** _____ for bed at about 9.30, but read in bed for half an hour after that.
- 8 In spring and summer, a lot of people suffer from hay **f** _____.

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2 Choose the correct words to complete the sentences. There are four extra words that you do not need to use.

rugby	running	late	the gym	fit	a dream
all night	her leg	sick	asleep	yoga	the flu

- 0 I play **rugby** every week for my school.
- 1 My sister broke _____ playing football.
- 2 What do you do to keep _____?
- 3 My parents often fall _____ in front of the TV.
- 4 I often wake up _____ at the weekend.
- 5 I can't go to school this week – I've got _____.
- 6 Sarah had a cold and coughed _____.
- 7 I did some _____ before I went to school today.

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GRAMMAR

3 Use the correct quantifiers from the boxes to complete the sentences.

a lot of	some	too many	many
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- 0 Would you like some cake?
- 1 I ate too many chips – now I feel ill!
- 2 I eat some vegetables – they're very healthy.
- 3 How many cups of coffee do you drink each day?

some any much any

- 4 I didn't buy _____ bananas because I don't really like them.
- 5 Alan doesn't eat _____ salad, just a little.
- 6 Barry is vegetarian so he never eats _____ meat.
- 7 David always has _____ cola with his lunch.

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4 Use the Past Simple or Past Continuous forms of the verbs in brackets to complete the blog entry.

A Terrible Accident!

My little brother is usually really funny, but we ⁰ weren't laughing (not/laugh) today when he

¹ _____ (have) the accident!

He ² _____ (carry) some water from the kitchen into the garden to put in his little swimming pool when he ³ _____ (fall) down the step.

He ⁴ _____ (use) glass bottles to carry the water in – idiot!

Anyway, he ⁵ _____ (cut) his hand really badly.

He ⁶ _____ (cry) really loudly

when Dad ⁷ _____ (find) him

and he ⁸ _____ (take) him to the hospital straight away.

He's OK now but he's got a big bandage on his hand – poor little thing!

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ENGLISH FOR SPEAKING

5 Use the expressions to complete the dialogue. There are two extra expressions that you do not need to use.

What's the matter - 0	stay in bed
go to the hospital	a bad cold
a sore throat	have some water
sneezing	check your temperature
sit down	take an aspirin
I feel terrible	go home
Have you got	

Doctor: Hello, how can I help you today?

⁰ _____ What's the matter _____?

Simon: Well, Doctor, ¹ _____! Since this morning.

Doctor: Oh dear. Let me ² Yes, it's very high, and you feel very hot.

Simon: And I've got ³ too. It really hurts when I talk or eat anything. Do you think it's ⁴ or something worse?

Doctor: I'm not sure yet. ⁵ a headache?

Simon: Yes, a really bad one, and I keep ⁶ - Atchoooo!

Doctor: Bless you! Yes, you do, don't you! OK, I think it's flu, so you need to ⁷ and lie down straight away – don't go back to school today. You should ⁸ for two or three days and ⁹ every four hours for your headache.

Simon: Thanks, Doctor.

Doctor: And if it gets much worse, come back and see me or ¹⁰ if it gets really bad.

Simon: OK, Doctor. Thanks for your help.

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ENGLISH IN USE

6 Use the phrasal verbs in the boxes to complete the sentences.

phrasal verbs

top up	picked up	check out
goes off	fell out	looked after
took up	hang out	got on
going on	found out	

0 Enrique picked up a cold when he was on holiday.

1 this new game I bought this weekend!

2 How often do you your mobile phone credit?

3 I my little sister last night – it was fun playing together.

4 Milk really quickly if you leave it out of the fridge.

5 Lisa and Celine were best friends, but they last week because of a boy!

6 The café at the cinema is a really good place to with your friends.

7 The doctor said I wasn't fit and needed to do more exercise so I cycling.

8 I really well with Ellie from the first time I met her and now she's my best friend.

9 What's in the park today? I can hear loud music and there are lots of people there.

10 Donnie didn't talk to Ursula for three months after he that she stole his phone.

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