

DICTATION AND LISTENING PRACTICE 2

FULLNAME: _____

You will hear a radio presenter called Erica talking about how we can help the environment.

Erica: This morning we're continuing to look at _____ to see what we can do to help. And we can make a _____ if we try. We often forget that as people who go shopping, we have a lot of power. If one _____ does something we don't like we can always shop somewhere else.

Then there's the _____ that comes with the goods we buy. Try buying things that aren't _____ in it. And if you're offered a bag and you don't need one, just say 'no thanks'. And any plastic bags you have at home, _____ them _____ . Put them away somewhere until your next shopping trip and use them then.

On the subject of throwing _____ away, I try to keep things that other people might _____ use. There are always _____ shops which are very happy to help you _____ your old clothes or things in the

house. Knowing that someone else is getting _____ from something you no longer need is a lovely feeling.

Pollution is of course a big problem, and we often feel that as _____ we have _____ to make any difference. But that's not true. Find out what some of the local environmental problems are and see how you can help. Get together with friends and help to clear the rubbish from _____ or collect litter from the streets: _____ to keep the area looking _____ .

Finally, let's turn to energy. Cars are here to stay for the moment, and it would be difficult to ask people not to use them at all. But we should all try to _____ making unnecessary car _____ . Go by bike or public transport sometimes or, if you work in the same area as your _____ ; try car-sharing. Take it in turns to drive to work.

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How to help the environment

Remember that when we're [14] we always have the choice to buy something somewhere else.

Take [15] with you the next time you go shopping.

Recycle unwanted things by giving them to [16]

See how you might be able to help with [17] problems where you live.

Ask your friends to help you clear rubbish and litter from [18] and streets in your area.

Try car-sharing with your [19] if you work in the same area.