

# Living beyond limits - Amy Purdy • TEDxOrangeCoast

Watch the video. Select the correct answer.

1. What did Amy Purdy always want to do \_\_\_\_
  - a. help people
  - b. travel the world
  - c. be a massage therapist
2. Why did Amy like her job? \_\_\_\_
  - a. She could tell stories.
  - b. She liked using her hands.
  - c. It made her feel in control of her life.
3. What illness caused Amy to lose both of her legs below the knee? \_\_\_\_
  - a. bacterial meningitis
  - b. the flu
  - c. insomnia
4. When she returned home from the hospital, did Amy like her new legs? \_\_\_\_
  - a. yes
  - b. no
  - c. She doesn't say.
5. How did Amy move forward? \_\_\_\_
  - a. She escaped from reality.
  - b. She learned to snowboard again.
  - c. She learned to be happy with who she is
6. Amy makes the audience laugh when she talks about \_\_\_\_ .
  - a. her big shoes
  - b. her bright pink legs
  - c. how she can change her height

**Select the correct words to complete the sentences.**

1. Amy Purdy grew up in **Las Vegas / Los Angeles**.
2. Purdy's disease caused her to lose parts of her body and the hearing in her **left / right** ear.
3. On her 21st birthday, Purdy received a new **foot / kidney** from her father.
4. Purdy won two **gold / silver** World Cup medals for snowboarding.
5. Purdy has learned to rely on her **parents / imagination**.

**Watch the video again. Number the events and achievements (1–6) in the order that you hear them.**

1                      2                      3                      4                      5                      6

- \_\_\_\_ Amy got a new kidney from her dad.
- \_\_\_\_ Amy won two World Cup gold medals for snowboarding.
- \_\_\_\_ Amy went to South Africa and gave shoes to children there.
- \_\_\_\_ Amy decided to design her own legs for snowboarding.
- \_\_\_\_ Amy fell off her snowboard, which was shocking then but funny now.
- \_\_\_\_ Amy started a non-profit organization to help young people with disabilities do action sports.

**Complete the quotation from the video with the words in the box.**

**borders      dreams      enabled      fears      forced      imaginations      limits      minds**

"My legs haven't disabled me, if anything they have (1) \_\_\_\_\_ me. They've (2) \_\_\_\_\_ me to rely on my imagination and to believe in the possibilities, and that's why I believe that our (3) \_\_\_\_\_ can be used as tools for breaking through (4) \_\_\_\_\_ because in our (5) \_\_\_\_\_, we can do anything and we can be anything. It's believing in those (6) \_\_\_\_\_ and facing our (7) \_\_\_\_\_ head-on that allows us to live our lives beyond our (8) \_\_\_\_\_."

**Complete each sentence from the video with one word.**

1. At the age of 19, a day after I \_\_\_\_\_ high school, I moved to a place where it snowed.
2. I went home from work early one day with what I thought was the \_\_\_\_\_.
3. When my parents wheeled me out of the \_\_\_\_\_, I felt like I had been pieced back together.
4. I was absolutely \_\_\_\_\_ and emotionally broken.
5. And that is when it dawned on me ... I could be as \_\_\_\_\_ as I wanted!
6. And that is when a new \_\_\_\_\_ in my life began.