

## READING AND VOCABULARY

### The Morning Ritual

"I count him braver who conquers his desires than him who conquers his enemies; for the hardest victory is the victory over self." ~ Aristotle

Which of these factors is the most important according to the author of the text?

Luck Natural talent  
Great teachers

Hard work  
Perfect timing

Good habits  
Charisma Destiny

Answer these questions.

Who is the greatest tennis player of all time? \_\_\_\_\_

Who is the greatest basketball player ever? \_\_\_\_\_

What is the secret to success according to Michael and Serena? \_\_\_\_\_ and \_\_\_\_\_

What is a good way to start a long boring and hard journey? \_\_\_\_\_

How long was Benjamin Franklyn's morning ritual before starting work? \_\_\_\_\_

In stead of correcting your weaknesses, you should build a routine based on your \_\_\_\_\_

What is Variety? It is the \_\_\_\_\_

If you don't want to be stressed out looking for equipment in the morning, what should you do?

You should \_\_\_\_\_ everything \_\_\_\_\_ before

Complete the glossary below with words or phrases from the article.

#### Glossary

1 **jump to conclusions** phrase: make a judgment before learning all the facts

2 \_\_\_\_\_ (adj.): very many; too many to be counted

3 \_\_\_\_\_ (phrase): to help sby or sth to be very successful or to cause them to fail completely

4 \_\_\_\_\_ (noun) [C]: way of considering or doing something

5 \_\_\_\_\_ (noun) [C]: a thick, solid piece; a unit of information

6 \_\_\_\_\_ (noun) [C]: sth that has been achieved successfully

7 \_\_\_\_\_ (adj.) [I]: able to continue over a period of time

8 \_\_\_\_\_ (phrase): prepare or arrange for use

9 \_\_\_\_\_ (noun) [C]: the state or condition of not being strong.

10 \_\_\_\_\_ (noun) [C]: the quality or state of being strong

11 \_\_\_\_\_ (verb) [T]: exceed a target or limit

12 \_\_\_\_\_ (adj.): unclear

13 \_\_\_\_\_ (noun) [C]: a thing made for a particular purpose, often a piece of electronic equipment.

14 \_\_\_\_\_ (adj.): having a serious, important, or useful quality or purpose.

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- 2.- \_\_\_\_\_
- 3.- \_\_\_\_\_
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