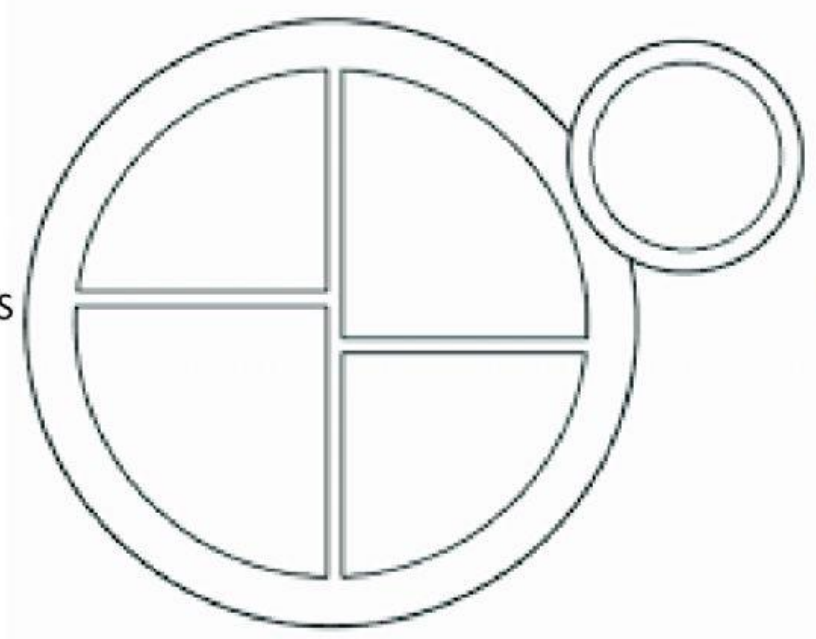


HOW A HEALTHY PLATE SHOULD BE?

1) DRAG EACH FOOD GROUP TO ITS CORRECT PLACE ON THE PLATE

2) WATCH THE VIDEO AND LISTEN TO THE SONG BELOW

PROTEINS
DAIRY
GRAINS
FRUITS
VEGETABLES



[FOOD GROUPS VIDEO](#)

[FOOD GROUPS SONG](#)