

## PRACTICE TEST 3

### I. LISTENING (3PTS -0.2/each)

**Part 1: Listen and complete the notes below. Write no more than two words and/or a number for each answer.**

<i>Example</i>	<b>Birmingham Exhibition</b>
	<i>Answer</i>
Purpose of calling:	Purchasing tickets
- Open in:	(1).....
- Length of exhibition:	(2).....
- A wide range of manufacturers will be showcased.	
- Some cars are available to observe and the others are for:	(3).....
- The (4) .....is prohibited to take into the museum.	
- Every ticket includes one free photo.	
- Price of tickets: (5) £.....(in advance)	
- Transfer to Mark (6).....(Box Office Manager)	
- Held in the (7).....Palace this year.	
- Not far from (8).....	
- Website: www. (9) ..... .com	
- Best way to contact: (10) .....	

**Part 2: Listen and choose the best answer.**

11. How many patients does the hospital consult every year?

A. 3,000      B. 5,000      C. 11,000      D. 8,000

12. When can patients meet the female doctor?

A. four days a week      B. on weekday mornings  
C. three days a week      D. Only on Monday and Friday

13. Who is the expert on the treating hearing loss?

A. Mr. Robert      B. Mr. Bean      C. Mr. Edwards      D. Mr. Green

14. Where are patients recommended to buy medicine?

A. supermarket in town      B. pharmacies nearby the city centre  
C. medical centre outside the town      D. the health care's pharmacy

15. What will the patients be asked about whether they are willing to do?

A. letting one student attend the consultation      B. asking postgraduate students to do treatment  
C. meeting students in group discussion      D. taking a special treatment

### II. READING (5PTS)

**Part 1: Read the following passage and circle the most suitable answer (A, B, C or D) for each space. (2pts-0.2/each)**

Most human diets contain between 10 and 15 percent of their total calories as protein. The rest of the dietary energy comes from carbohydrates, fats, and in some people, alcohol. The

proportion of calories from fats varies from 10 percent in poor communities to 40 percent or more in rich communities.

In addition to providing energy, fats have several other **functions** in the body. The fat-soluble vitamins, A, D, E, and K, are dissolved in fats, as their name implies. Good sources of these vitamins have high oil or fat content, and the vitamins are **stored in** the body's fatty tissues. In the diet, fats cause food to remain longer in the stomach, thus increasing the feeling of fullness for some time after a meal is eaten. Fats add variety, taste, and texture to foods, which accounts for the popularity of fried foods. Fatty deposits in the body have an insulating and protective value. The curves of the human female body are due mostly to strategically located fat deposits.

Whether a certain amount of fat in the diet is **essential to** human health is not definitely known. When rats are fed a fat-free diet, their growth eventually ceases, their skin becomes inflamed and scaly, and their reproductive systems are damaged. Two fatty acids, linoleic and arachidonic acids, prevent these abnormalities and hence are called essential fatty acids. They also are required by a number of other animals, but their roles in human beings are debatable. Most nutritionists consider linoleic fatty acid an essential nutrient for humans.

C. curves on the human female body  
D. cessation of growth, bad skin, and damaged reproductive systems

25. That humans should all have some fat our diet is, according to the author, \_\_\_\_\_

A. a commonly held view	B. not yet a proven fact
C. only true for women	D. proven to be true by experiments in rats

**Part 2:** Read the passage and circle the letter A, B, C or D to indicate the correct answer to each of the questions . (2pts- 0.2/each)

In the past people suffered (26) ..... a disease called scurvy. Their gums bled, their skin became rough, their wounds did not (27) ..... and their muscles wasted away. The (28) ..... of these symptoms was a lack of vitamin C; people ate preserved meats and foods and could not get fresh vegetables and fruits.

The best (29) ..... of vitamin C are oranges, lemons, grapefruit, cantaloupes, strawberries, and fresh vegetables. These fruits must be fresh because vitamin C is destroyed by heat, storage, or exposure (30) ..... air.

Although today more people (31) ..... vitamin C pills than any other supplement, some people still have scurvy, (32) ..... some of the elderly, alcoholics, and the chronically ill. Research shows that vitamin C reduces the (33) ..... of colds and can help prevent cancer. There is also evidence that vitamin C prevents heart disease, (34) ..... wound healing, helps prevent gum disease, and helps protect us from pollutants such as cigarette smoke. Some recent research also shows that vitamin C has a positive effect on some mental (35) ..... and increases life span.

**Part 3(1pt/ 0.2/each):** Read the article. Choose the most suitable heading from A-H for each part (36-40) of the article . There are two extra headings that you do not need. There is an example at the beginning (0)

<i>A. Research holds the key to success</i>	<i>B. New and improved techniques</i>
<i>C. A new kind of athlete</i>	<i>D. New equipment has made a difference</i>
<i>E. Athletes are what they eat</i>	<i>F. Personalized programs will help</i>
<i>G. The influence of drugs</i>	<i>H. Is there a limit to record-breaking?</i>

[0: H 1]

A world record is every athlete's dream, but the hard-won records of a few years ago are mostly just today's qualifying times. Roger Bannister's famous four-minute mile of 1956 has been beaten by nearly 15 seconds, while almost an hour and twenty minutes has been taken off the women's marathon since 1953. 'Faster, higher, stronger' is the Olympic motto, and today's competitors continue to push back the boundaries of what the body can achieve. But one wonders if this can continue.

[36: \_\_\_\_\_]

The last forty years have seen many important technological advances. For example, since the introduction of strong, flexible fiberglass poles, over a meter has been added to the pole vault record. There have also been important developments in the design the running shoe. And while a shoe won't actually make someone run faster, modern shoes do mean many more miles of comfortable, injury-free training.

[37: \_\_\_\_\_]

Pushing back the limits now depends more on science, technology and medicine than anything else. Athletic technique, training programs and diets are all being studied to find ways of taking a few more seconds off or adding a few more cm to that elusive world record. It seems that natural ability and hard work are no longer enough.

[38: \_\_\_\_\_]

The search to find more efficient ways of moving goes on. Analysis of an athlete's style is particularly useful for events like jumping and throwing. Studies show that long jumpers need to concentrate not on the speed of approach, as once thought, but on the angle their bodies make with the ground as they take off. However, the rules governing each sport limit advances achieved by new styles. For instance only one-footed takeoffs are allowed in the high jump.

[39: \_\_\_\_\_]

In the future, it should be possible to develop a more individual approach to training programs. Athletes will keep detailed diaries and collect data to help predict the point when training becomes overtraining, the cause of many injuries. If athletes feed all the information into a database, it may then be possible to predict patterns and to advise them individually when they should cut down.

[40: \_\_\_\_\_]

Combining the right diet with a training program is vital. Athletes are continually searching for that special 'go-faster' ingredient, but apparently it's still a battle to get them to drink sufficient liquid and to follow a balanced healthy diet throughout all phases of training, competition and recovery. Diet in the period after an event is particularly important and often neglected. An athlete who doesn't replace all the liquid lost immediately after a hard run won't be able to repeat the performance at the same level 24 hours later.

### III. USE OF LANGUAGE (7pts)

#### Part 1: Phonetic (1pt- 0.1/each)

**Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.**

**Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.**

46. A. population      B. petroleum      C. insurance      D. interpreter  
47. A. company      B. employment      C. atmosphere      D. miracle  
48. A. emperor      B. employer      C. conductor      D. transistor  
49. A. applicant      B. appliance      C. delicate      D. surgery  
50. A. method      B. physicist      C. magazine      D. average

**Part 2: Vocabulary and structures (3pts- 0.1/each)**

Choose the best option (A, B, C or D) that best completes each unfinished sentence or substitutes the underlined parts.

51. Does anyone know ..... that jacket might be?  
A. who      B. whom      C. whose      D. which

52. The cheetah runs 70 miles ..... hour. It's the fastest animal in the world.  
A. each      B. per      C. a      D. one

53. Joe seemed to be in a good mood, ..... he snapped at me angrily when I asked him to join us.  
A. yet      B. so      C. for      D. and

54. There are several means of mass communication. The newspaper is one. Television is .....  
A. the another      B. the other      C. other      D. another

55. I read in one paper that they are ..... married.  
A. getting      B. got      C. being      D. having

56. There was hardly ..... food left in the fridge.  
A. more      B. any      C. no      D. some

57. We spent the ..... days on the beach.  
A. few last sunny      B. last sunny few      C. last few sunny      D. few sunny last

58. ..... not fallen over, the athlete would have won the gold medal.  
A. If he      B. If not      C. Unless he had      D. Had he

59. Rarely ..... to work on his own.  
A. he is seen      B. does he seen      C. is he seen      D. does he

60. "We're going to the seaside". - "Can ..... ?"  
A. I come as well      B. also I come      C. I too come      D. I as well come

61. Unless you give up smoking, you'll ..... the risk of damaging your health.  
A. bear      B. suffer      C. make      D. run

62. For a while I was at a ..... to know what to say.  
A. blank      B. pain      C. loss      D. crisis

63. Some days of rest may help to ..... the pressure of work.

A. reduce B.lower C.chop D. crease  
 64. This is the ..... of the bicycle which was stolen.  
 A. detail B.description C. information D. example  
 65. Thang: "What do you think about the novel?" - Huong: "....."  
 A. Yes, let's B. I can't agree with you more  
 C. The best I've ever read D. I wish I could  
 66. The college will soon be ready to ..... candidates for new courses.  
 A. enroll B.involve C.call D. recall  
 67. We bought some ..... glasses.  
 A. German lovely old B. German old lovely C. lovely old German D. old lovely German  
 68. It is a good idea to be ..... dressed when you go for an interview.  
 A. finely B. boldly C. smartly D. clearly  
 69. Turner: "Good morning. My name is Turner. I have a reservation." – Mary: "....."  
 A. What do you want? B. Yes, a single room for two nights.  
 C. I haven't decided yet. What about you? D. What do you like?  
 70. I can't ..... what he's doing; it's so dark down there.  
 A. see through B. make out C. look into D. show up  
 71. Men still expect their jobs to take \_\_\_\_\_.  
 A. superiority B. imposition C. priority D. seniority  
 72. The police have been ordered not to \_\_\_\_\_ if the students attack them.  
 A. combat B. rebuff C. retaliate D. challenge  
 73. Meg had a \_\_\_\_\_ escape when she was hang-gliding yesterday.  
 A. slender B. close C. near D. narrow  
 74. I can't tell you the exact amount, but I can give you a \_\_\_\_\_ estimate.  
 A. smooth B. tidy C. rough D. similar  
 75. Marge walked away from the discussion. Otherwise, she \_\_\_\_\_ something she would regret later.  
 A. will say B. said C. might say D. might have said  
 76. You are not supposed to park on the hard \_\_\_\_\_ except in an emergency.  
 A. lane B. shoulder C. leg D. area  
 77. The \_\_\_\_\_ are against her winning a fourth consecutive gold medal.  
 A. chances B. bets C. prospects D. odds  
 78. References can have a considerable \_\_\_\_\_ on employment prospects.  
 A. cause B. decision C. weight D. bearing  
 79. The prospects of picking up any survivors are now \_\_\_\_\_.  
 A. thin B. narrow C. slim D. restricted  
 80. From time to time he \_\_\_\_\_ himself to a weekend in a five-star hotel.  
 A. craves B. indulges C. treats D. benefits

**Part 3. Each of the following sentences has one mistake. Find and correct it. (1.0 pt/0.2/each)**

81. Almost American Indian cultures have been agricultural societies since 2000 BC.  
 82. Would you like to contribute for our earthquake fund?  
 83. The violence is a very great problem in the world.  
 84. Now that the stress of examinations are over, we can go somewhere for our holiday.  
 85. Passengers are advised not to leave their luggage attended.

81		
82		

93		
84		
85		

**Part 4: Supply the correct tenses or forms of the verbs in parentheses (1 pt-0.1/each)**

86. "You were late for your dental appointment."  
 "I know. I (not/ stay) ..... so long at the library."

87. It is necessary that everyone (be) ..... calm in times of danger.

88. If you want to see us, come to Tom's on Sunday. We (wait) ..... for you there at midday.

89. It was a fine day and the roads were crowded because a lot of people (rush)  
 ..... to the seaside.

90. Those were the highest words of praise they ever (hear) ..... from the old man.

91. Our little children enjoy (take) ..... to the water park every Sunday.

92. I don't feel good. I (stay) ..... home from work tomorrow.

93. It won't be safe to use these stairs until they (repair) .....

94. The city is now crowded with the people who (seek) ..... employment.

95. The old man is said (leave) ..... all his money to an old people's home when he died.

**Part 5: Complete each sentence with the appropriate form of the words given in parentheses. (1 pt – 0.1/each)**

96. There is a saying in English: " ..... speak louder than words." **ACT**

97. He won the discus event at the Olympic Games but was later ..... when a medical check proved that he had been taking drugs. **QUALIFY**

98. Do you have a ..... costume in your country? **NATION**

99. The plane had to make a crash ..... in a field. **LAND**

100. Traveling in big cities is becoming more ..... everyday. **TROUBLE**

101. A woman living in the city centre has asked for ..... to find a bigger house and garden. **ASSIST**

102. Remind me of my appointment. I am ..... **FORGET**

103. Recently health foods have increased in ..... **POPULAR**

104. Unless something is done about unemployment, the ..... for the future is not good. **LOOK**

105. He had been ..... delayed at the office and was now in a hurry to keep his appointment with the dentist. **EXPECT**

**IV. WRITING (5.0 PTS)**

**Part 1: Rewrite the sentences in such a way that they mean almost the same as those printed before them. (2pts-0.2/each)**

106. I am only interested in why he did it.

→ The only thing.....

107. House prices have risen dramatically this year.

→ There has been .....

108. I can't understand how this new computer works.  
→ This new computer works .....

109. She didn't inherit anything under her uncle's will.  
→ Her uncle didn't .....

110. I only recognized him when he came into light.  
→ Not until .....

111. He brought the umbrella along but it didn't train.  
→ He needn't.....

112. The artist rarely paid any attention to his agent's advice.  
→ Rarely.....

113. Why didn't they tell me about these changes earlier? **should**  
→ I .....

114. He had a very traditional upbringing, didn't he? **traditionally**  
→ He .....

115. I would like to express my thanks for everything you have done for me. **thankful**  
→ I'd .....

## Part 2: Essay writing (3pts)

Write an essay about 200-250 words on the following topic.

“Groupwork offers a lot of benefits in study”. To what extent do you agree or disagree?

\*\*\*\*\***The end**\*\*\*\*\*