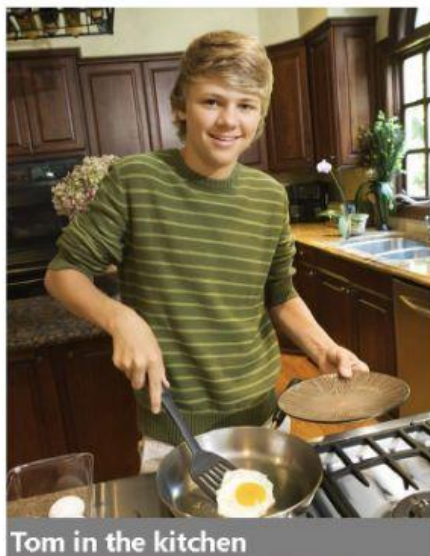


CAN YOU COOK?

This teenager can — and his mum's very happy with him

Tom is like any other teenager. He goes to school, does his homework, meets his friends and enjoys doing sport.

But between 5.30 and 6.30 from Monday to Friday, Tom does something different. He cooks dinner for all the family: mum, dad, younger brother Joe and older sister Emma.



Tom in the kitchen

“I think it's important for teenagers to learn how to cook. Maths and English are important, of course, but they need other skills too to help them in today's world.

First I taught Tom how to cook easy meals like pizza or egg and chips. Then he started using recipes in my cookery books. Yesterday he made vegetable soup. It was very good!

*Tom's
mum*

“I love cooking and I think I'm really good at it. None of my friends cook. I don't know why, it isn't difficult and it's great fun!

Tom

In the past, Tom didn't help out at home and his mum wasn't very happy with him. Today, things are different and she is very happy.

1. **Fill the gaps with the correct word from the box.**

Cook	recipe	difficult	homework	teenager	skill
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1. A _____ is someone who is between thirteen and nineteen years old.
2. Teachers give you _____ to do at home before the next lesson.
3. When you _____ a meal, you make hot food.
4. A _____ is something you learn how to do, like using a computer.
5. The instructions you follow to make a meal are called a _____.
6. Some subjects are easy but others are _____.

2. **TRUE OR FALSE:**

- Tom does one thing that teenagers don't normally do.
- Tom is the only person who eats the food he cooks.
- Tom's mum was happier when he didn't cook.
- Tom's mum thinks learning to cook is good for teenagers.
- Tom learned some recipes from his grandmother.
- Tom's vegetable soup was not good.
- Tom says he is a good cook.
- Tom's friends like cooking now too.

3. Choose the meaning of the word in CAPITALS in these sentences from the reading text above.

1. Today things are different and SHE is very happy.

Tom's mum

Tom's sister

2. Maths and English are important of course but THEY need other skills too to help THEM in today's world.

Maths and English

Teenagers

3. Yesterday he made vegetable soup. IT was very good!

Tom

the soup

4. He started using recipes in MY cookery books.

Tom's mum's

Tom's

5. I love cooking and I think I'm really good at IT.

cooking

being a teenager

6. IT isn't difficult and IT's great fun!

cooking

doing homework

Source: <https://learnenglishteens.britishcouncil.org/skills/reading/beginner-a1-reading/can-you-cook>