

Plastic bottles and wood

Plastic is a material that we can't recycle easily, but it is very strong. If you have got a lot of plastic bottles, you can make amazing things like tables and chairs.

Wood is also a great material. For example, if you have got an old bed, you can make a table, some chairs or even a bookcase!



The most important thing about upcycling is that it helps protect the environment because there is less rubbish!

You can also save money and have fun with your family and friends.

Very strong	Small plants	presents	bookcas	
New things	table	chairs	vases	glasses

3 Read again and complete.

- Upcycling is a way to make _____ from old things.
- You can make _____ and _____ from glass jars and bottles.
- If you decorate old bottles, you can give them to people as _____.
- You can use cans to grow _____ on your balcony.
- Plastic is a(n) _____ material.
- An old bed can become a(n) _____, some _____ or a(n) _____.