

## 7D Why thinking you're ugly is bad for you.

**Watch Part 1 of the TED Talk.**

**Choose the correct answer to each question.**

**◆ Why does Faye dread school?**

- a. because she doesn't have any friends
- b. because people say that she's ugly

**◆ Why does Faye post a video of herself online?**

- a. because her friends do the same thing
- b. so people can comment on her appearance

**◆ According to Ramsey, why do many others post videos like Faye's?**

- a. because online comments are really important to them
- b. because they feel alone

**Watch Part 2 of the TED Talk.**

**Choose T for true or F for false.**

- Body image issues can affect a student's performance at school.
- The problem is worse in the United States than in other countries.
- The main issue is how students think they look, not how they actually look.

### Watch Part 3 of the TED Talk.

What suggestions does Ramsey make about how to "change our culture's obsession with image"? Choose all that apply.

- Think carefully about the pictures and comments that we post on social networks.
- Say more nice things about people's appearance to improve their confidence.
- Stop letting young people use social networks during school.
- Focus less on attractive people and more on those who make a difference in the world.

### Read the excerpts from the TED Talk.

Choose the correct meaning of the words.

"... what her mom tells her and what her friends at school, or her **peers** at school are telling her ..."

◆ If someone is your peer, they are in a \_\_\_\_\_ position to you.

- a. similar
- b. very different
- c. contrary

"... mostly teenage girls, **reaching out** in this way."

◆ When you reach out to someone, you \_\_\_\_\_.

- a. don't talk
- b. want help
- c. help others

"... debate because they don't want to **draw attention** to the way that they look."

◆ When you draw attention to something, you want others to \_\_\_\_\_ it.

- a. be happy about
- b. notice
- c. take a picture of

"And let's work together as communities, from **grassroots** to governments ... "

◆ What does grassroots mean?

- a. ordinary people in society
- b. people who grow food for others
- c. people in the government