Task 2

POINTS FOR DISCUSSION

- Do you believe that eating healthily is expensive, and that people eating on a tight budget can only buy unhealthy food?
- How do you think food affects our mood and behaviour?

You will hear an interview about how important a healthy diet is for children. Listen and answer the questions 1-6. Choose A, B or C.

1. What does Jamie say about diet at a young age?
   - **A.** Recent research on the topic was criticised.
   - **B.** It can help develop the body physically but not mentally.
   - **C.** It can affect how clever someone is.

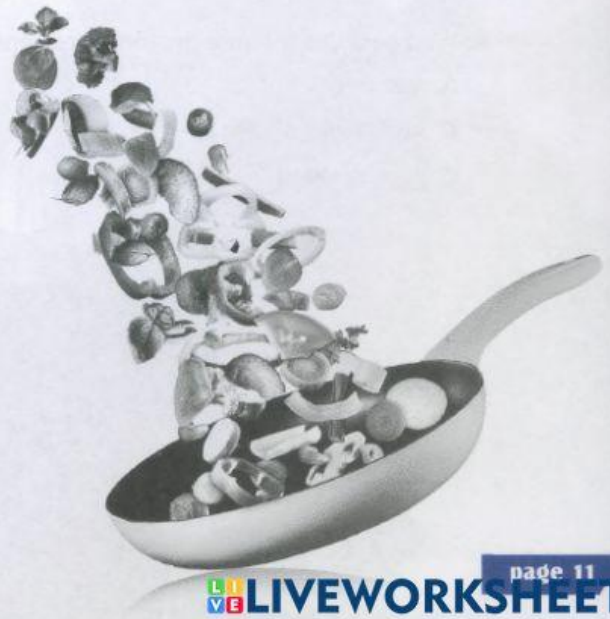
2. How can nutrition affect behaviour?
   - **A.** A poor diet can make people sleepy.
   - **B.** Lack of vitamin C can cause stress.
   - **C.** A poor diet can cause sadness.

3. What does Jamie say about breakfast?
   - **A.** It improves students' school performance.
   - **B.** It must include eggs and fruit.
   - **C.** It should be eaten one hour before school.

4. What is true about food and brain performance?
   - **A.** Only breakfast can boost brain performance.
   - **B.** Too much food can slow down brain activity.
   - **C.** Students can eat specific foods to boost their brain performance.

5. To avoid gaining weight, students should
   - **A.** work out and eat nutritious food.
   - **B.** avoid eating certain types of food.
   - **C.** do a lot of physical exercise.

6. How can obesity affect students?
   - **A.** Students may feel uncomfortable while studying.
   - **B.** Students may avoid taking part in certain activities.
   - **C.** It can affect students' concentration levels.



LIVEWORKSHEETS

Unit 5 Shopping and money

Task 1

POINTS FOR DISCUSSION

- Where do you usually shop?
- What are the advantages/disadvantages of shopping in a big supermarket?
- What are the advantages/disadvantages of shopping in an open-air market?

You will hear a dialogue between a mother and her son. Listen and answer the questions 1-5. Choose A, B or C.

1. Andy's mum doesn't like the present because it's
- **A.** too colourful.
- **B.** blue.
- **C.** too expensive.

2. Andy chose the particular item because his dad
- **A.** had told him to buy it.
- **B.** doesn't have anything similar.
- **C.** wears clothes of this type.

3. Lately, Andy's dad has been
- **A.** silly.
- **B.** happy.
- **C.** depressed.

4. Andy's dad has very few
- **A.** shirts.
- **B.** ties.
- **C.** T-shirts.

5. Who believes that the present is expensive?
- **A.** Andy
- **B.** Andy's mum
- **C.** both of them





LIVEWORKSHEETS

Task 2

POINTS FOR DISCUSSION

- What influences you when you are shopping?
- Do you trust advertisements? Why? / Why not?
- Are you aware of any tricks that advertisers use? How do you avoid them?

You will hear part of a radio report on advertising. Decide whether the following statements are True or False, and write T or F in the boxes on the right.

1. The speaker believes that using psychology to persuade people to buy is wrong. ☐
2. Blue and red are colours that are used to inspire positive feelings in customers. ☐
3. People react more strongly when they feel that they are missing out on something. ☐
4. Great reductions in price always happen on items that were originally a lot more expensive. ☐
5. Food stylists try to improve the appearance of food by using better quality materials than those that they are selling. ☐



LIVEWORKSHEETS

Unit 6 Travelling and tourism

Task 1

POINTS FOR DISCUSSION

- What has been your best/worst travelling experience? What happened?
- Which is the most interesting place you have visited? Why?
- Have you ever been in danger while on holiday? How?

You will hear a man called Raymond Plum talking about his travelling experiences. Listen and answer the questions 1-5. Choose A, B or C.

1. Raymond became interested in travelling because
   - **A.** he had a relative who liked travelling.
   - **B.** he saw a television programme about travelling.
   - **C.** his friends invited him to go travelling with them.

2. What does Raymond like most about travelling?
   - **A.** eating different types of food
   - **B.** visiting different places
   - **C.** meeting different people

3. Raymond usually earns money on his travels by working
   - **A.** in a restaurant.
   - **B.** in a hostel.
   - **C.** in a school.

4. What does Raymond say about danger?
   - **A.** Some places are more dangerous than the place where you live.
   - **B.** Local people can cause dangerous situations.
   - **C.** Different places have different kinds of danger.

5. What hasn't Raymond seen yet?
   - **A.** the Northern Lights
   - **B.** Machu Picchu
   - **C.** the Great Pyramid of Giza



LIVEWORKSHEETS

Task 2

POINTS FOR DISCUSSION

- Have you ever been abroad? Where?
- Which countries would you like to visit? Why?

You will hear a radio report from Delhi on a national celebration. Listen and answer the questions 1-6. Choose A, B or C.

1. Today is a special day in India because
- **A.** it's India's flower day.
- **B.** it's India's independence day.
- **C.** they celebrate Gandhi's birthday.

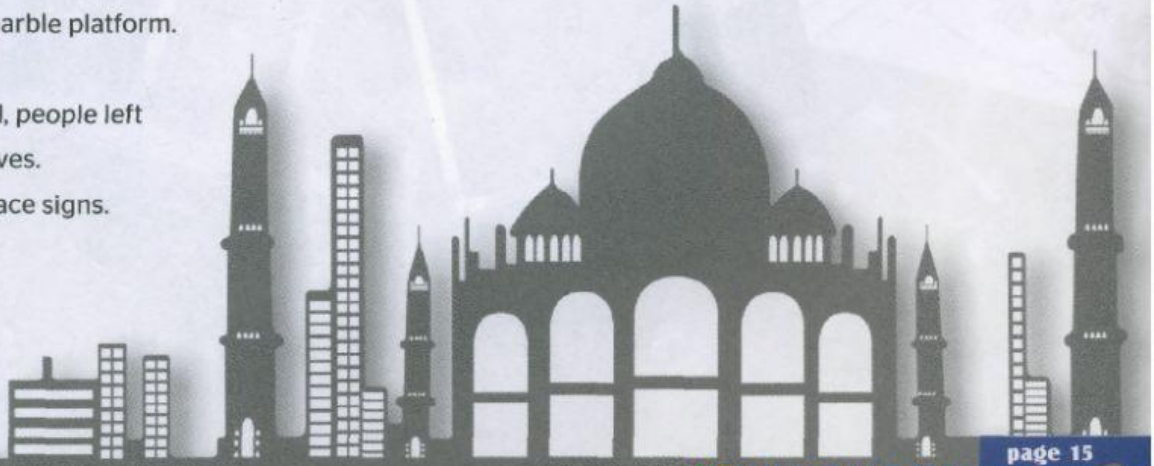
2. The weather is
- **A.** warm and sunny.
- **B.** warm and cloudy.
- **C.** too hot.

3. On the backs of some vehicles in Delhi there are
- **A.** pictures of spinning wheels.
- **B.** flowers and birds.
- **C.** amusing messages.

4. The guide read from Gandhi's collected works
- **A.** on the bus.
- **B.** outside the memorial walls.
- **C.** at Gandhi's memorial, Raj Ghat.

5. The visitors to the memorial took off their shoes
- **A.** inside the walls of the memorial.
- **B.** outside the walls of the memorial.
- **C.** next to the marble platform.

6. At the memorial, people left
- **A.** flags with doves.
- **B.** flags with peace signs.
- **C.** flowers.



LIVEWORKSHEETS

Unit 7 Art and culture

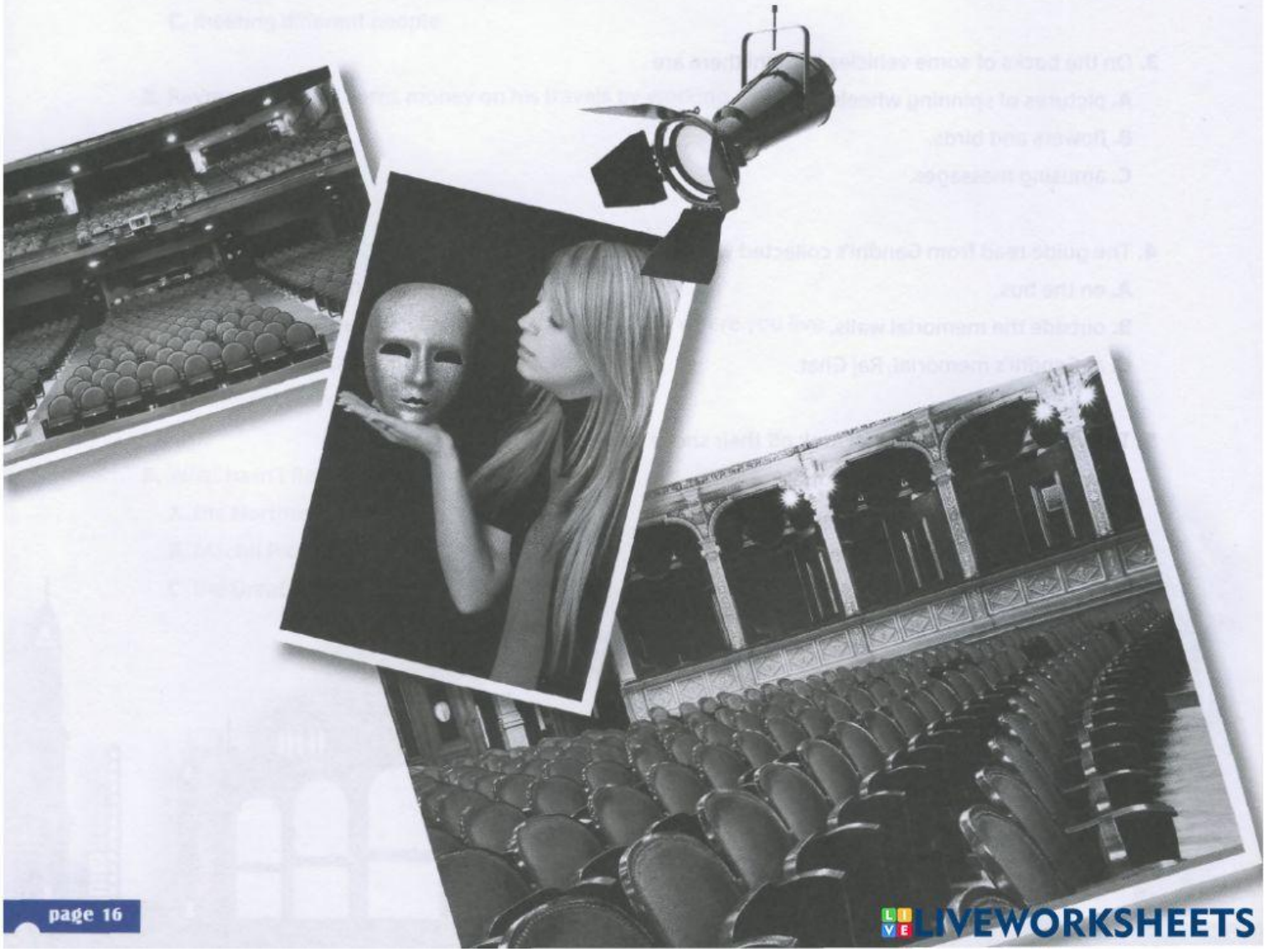
Task 1

POINTS FOR DISCUSSION

- Do you like going to the theatre? Why? / Why not?
- Have you ever performed on stage? If yes, did you enjoy it?
- Would you like to be famous? Why? / Why not?

You will hear a conversation between two friends. Decide whether the following statements are True or False, and write T or F in the boxes on the right.

1. Timothy knew about Kimberly's interest in the theatre. ☐
2. Kimberly has not gained much from joining a theatre group. ☐
3. Kimberly thinks acting can help Timothy. ☐
4. Everyone in Kimberly's theatre group is a professional. ☐
5. Kimberly believes it is hard to succeed in show business. ☐



LIVEWORKSHEETS

Task 2

POINTS FOR DISCUSSION

- Which festivals have you been to? Which one did you enjoy the most? Why?
- What do you think a medieval festival might be like?
- What could be special about it?

You will hear an interview about Khotyn Festivals. Listen and answer the questions 1-5. Choose A, B or C.

1. What is true about Khotyn Fotress?

A. It was the venue of a festival in the medieval period.

B. It was built by the Vikings.

C. An important battle took place there.

2. The number of participants in each team should be

A. at least eight.

B. more than fifty.

C. at least fifty.

3. The fighters taking part in the festival

A. go through strict tournaments in Ukraine.

B. are chosen in their own countries after some tournaments.

C. use modern fighting techniques.

4. All the battles are

A. copied from previous battles.

B. prearranged.

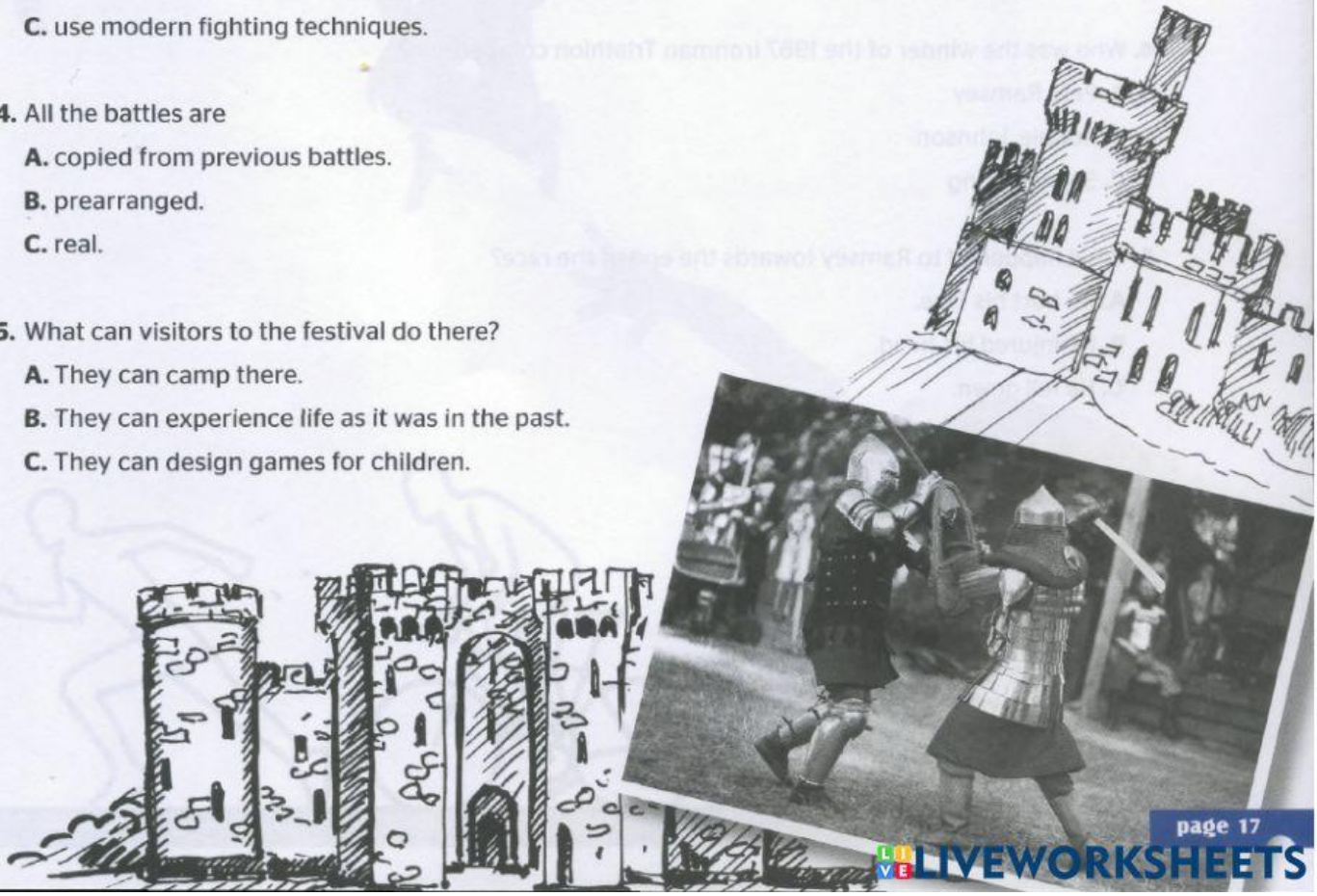
C. real.

5. What can visitors to the festival do there?

A. They can camp there.

B. They can experience life as it was in the past.

C. They can design games for children.



LIVEWORKSHEETS

Unit 8 Sport

Task 1

POINTS FOR DISCUSSION

- What is your favourite sport? What do you like about it?
- What are the most popular sports among young people in Ukraine? Why?
- What sports facilities are available in the area where you live? Do you use them? Why? / Why not?

You will hear a sports commentary on the Ironman Triathlon World Championship. Listen and answer the questions 1-6. Choose A, B or C.

1. During the swimming race

A. it was raining.

B. it was very windy.

C. there were big waves.

2. The bicycle race covered a distance of

A. 4 km.

B. 100 km.

C. 179 km.

3. Whose strong point is running?

A. King's

B. Johnson's

C. Ramsey's

4. Who was the winner of the 1987 Ironman Triathlon competition?

A. Pete Ramsey

B. Ronnie Johnson

C. Spencer King

5. What happened to Ramsey towards the end of the race?

A. He hurt his face.

B. He injured his head.

C. He fell down.

6. Who is this year's champion?

A. Pete Ramsey

B. Wayne Bruce

C. Spencer King



LIVEWORKSHEETS

Task 2

POINTS FOR DISCUSSION

- Why do you think sports achievements are considered important?
- What would you like to be able to accomplish in sports?

You will hear someone talking about parkour. Decide whether the following statements are True or False, and write T or F in the boxes on the right.

1. Parkour became well known in France in the 1980s. ☐
2. Jumping from one roof to the next is the only movement in parkour. ☐
3. Parkour is done by both men and women. ☐
4. Members must have moral values. ☐
5. Parkour can have long-lasting negative effects on your health. ☐



LIVEWORKSHEETS