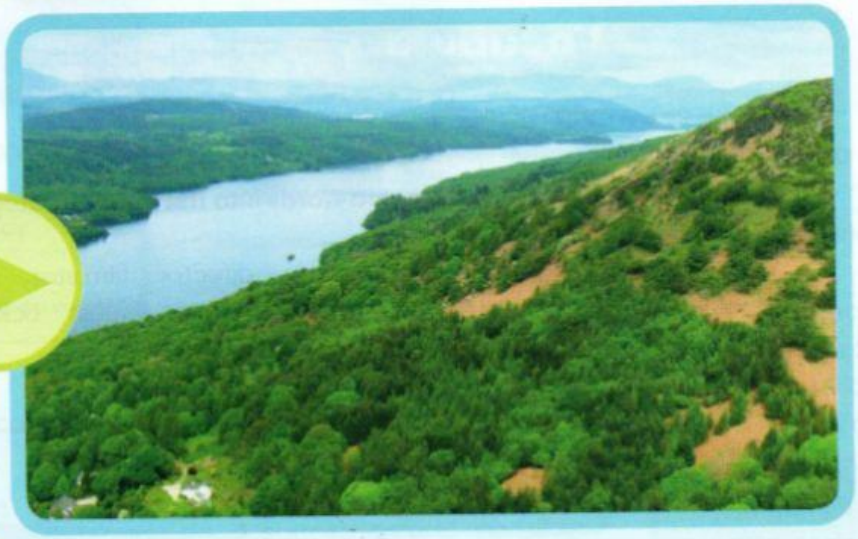
Sports in the Lake District



A 18 **Watch the video and answer the presenter's question. Can you name four sports you can do in the Lake District?**

B 18 **Watch the video again. Complete the sentences.**

1 The Lake District is in the _____ of England.
2 There are lots of hills and quiet roads for _____.
3 The mountain, Scafell Pike, is _____ metres high.
4 You should never go _____ on your own.
5 People wear wetsuits to keep _____.
6 The most extreme sport you can do is _____.

C **Have you ever been on an extreme sports holiday? Which extreme sports would you like to try? Discuss your ideas as a class.**

LIVEWORKSHEETS