

Eating out vs. Eating at home

Many people say that cooking and eating at home is better for individuals and the family than eating out in restaurants or canteens. Do you agree or disagree?

By contrast

Consequently

For instance

Furthermore

In conclusion

Personally

Therefore

To begin with

a variety of

control

discussed

homemade

promotes

sharing

the greater bonding

the more time

Someone mentions that cooking and eating at their own places is better for them and their families than eating out in restaurants or canteens. _____, I agree with this statement, and my opinions will be _____ for the following reasons.

_____, I believe that cooking and eating in people's own houses can save money more than having repast in the cafeterias. _____, a family can cook a piece of beef for _____ dishes such as stir-fried beef with some vegetables and beef in curry soup, and those _____ dishes may cost them only 20-30 dollars. _____, it may charge them more than a hundred dollars for the same dishes in the restaurants. _____, I believe that homemade foodstuff could help people _____ their budgets which is better for them than buying food from outside.

_____, having meals together in their own dining room could _____ great relationships for family members than going outside for lunch or dinner. For example, they can spend quality time together while they are making dinner and _____ the table. They can talk, discuss, share information and care for each other when they stay in the kitchen or eat at their meal times. Plus, _____ they spend with each other, _____ they could build which is more invaluable than spending only one or two hours in the cafeterias. Hence, I agree that when people cooking and eating at home is better than buying food outside because it _____ better rapport among them.

_____, having meals outside may cost much more money than making food at home. In addition, spending more time together to help with baking, setting the table and sharing meals at home obviously develops more valuable relationships in the families. _____, I believe that homemade cuisine is superior for individuals and families to eat out at any restaurant or canteen.