	A	B	C	D
35	advertise	advertised	was advertised	is advertised
36	made	having been made	being made	was being made
37	popular	more popular	most popular	much popular
38	test	tests	testers	testing
39	it	that	those	these
40	company	companies'	companies	companion
41	to reach	reaching	reaches	reach
42	report back	report down	report about	report with
43	to get into	to getting into	to gets into	got into
44	played	playing	being played	was played
45	has missed	have missed	had missed	is missed
46	is required	are required	will be required	are being required

COMPLEX TEST 9

READING

Task 1

Read the text below. Match choices (A–H) to (1–5). There are three choices you do not need to use. Write your answers on the separate answer sheet.

TIPS FOR MAINTAINING WEIGHT AFTER DIETING

1. _____ Don't relax your weight loss regime completely, just because you have reduced the pounds you wanted to. You can't loosen up after getting the desired result. However, it is always better to get into the habit of usual drill, than to continue dieting. Exercise will keep you active and you will also be able to eat all those food items that had been avoided during your diet period, though in moderation. Just ensure that you burn those extra calories through regular workouts.

2. _____ After getting good results, try to eat those delicious desserts in moderation. People have a habit of splurging on food after dieting. The whole purpose of keeping yourself so much restrained in the past will be lost, if you simply get back to your normal eating habits. Take care not to eat too much, but don't deny yourself anything as well.

3. _____ There is nothing better than having a healthy and nutritious food in the morning. What you eat in the morning is digested quickly. So, you can afford to have a stomach-full early meal without any fear of putting on

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extra weight. A morning meal will also help you avoid over-eating and will start your metabolism, making you feel energetic throughout the day. However, don't hog on food just because its morning time and always remember that self-control is the key for maintaining weight.

4. _____ Keeping chocolates, cookies and other fat-rich food out of your diet can increase your craving and increase the risk of your indulging in them in excess at some point of time, though not without feeling guilty. There is no need to deny yourself anything. Once in a while, you can have chocolates or other sweets. However, make sure not to overdo anything. Never force something on yourself, as you may not be able to follow it up in the long run.

5. _____ Make sure that you check your weight at regular intervals, to keep tab on your weight growth. There is no benefit of making efforts without knowing the results. If possible, try to weigh yourself every week, so that you get a weekly report of your health. Accordingly, your diet can be regulated. In case, you have put on a few pounds, you can introduce some diet changes to bring it back to track. In this, 'ignorance is not bliss'.

A Have a healthy breakfast
B Measure your heaviness
C Exercise regularly
D Try a new type of food
E Don't ban food completely
F Follow the daily routine
G Maintain a low fat diet
H Try a diet change

Task 2

Read the text below. For questions (6–11) choose the correct answer (A, B, C, D). Write your answers on the separate answer sheet.

IMPROVING CLASSROOMS

It used to be that a "green classroom" referred to the color of paint on the wall. But today's green classrooms are greener than that! New "green" classrooms help schools save money and provide clean environments where students learn better.

Many classrooms are going green by adding solar panels to their roofs. The solar panels collect energy from the sun and use it to power lights and computers. The panels help make green classrooms *grid-neutral,* which means the panels create at least as much electricity as the classrooms use. In addition, new lighting and air systems can be programmed to lower energy costs and water use.

Many new "green" classrooms are built using recycled materials. Some even use scraps of material from blue jeans to insulate walls and ceilings. The old-jean insulation cuts heat and air conditioning bills as it helps to soundproof classrooms too.

Green schools feature many other new ideas. Some classrooms are painted using special odor-free paints that help improve indoor air. Some use no glues or tiles that add chemical smells to the air. Others use triple-pane windows and skylights to help keep classrooms warm in cold weather and let in lots of natural daylight.

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Experts say the benefits of building greener classrooms go beyond cost savings. Studies show that a healthful environment with good air quality can cut colds and flu by more than 50 percent. That means fewer sick days for students and teachers. Studies have shown that natural light and other green features improve student learning and test scores too.

6. "Going green" can ....

A help build new schools
B protect schools from crime
C save schools money
D produce solar panels

7. Solar panels make energy from .....

A computers
B oil and gas
C the sun
D the wind and the sun

8. Some schools use solar panels to ... their own electricity.

A insulate
B produce
C paint
D combine

9. Sometimes ... are being used in walls and ceilings to keep students warmer.

A paper wastes
B clothes scraps
C cellophane tapes
D additional tiles

10. Some schools use special paints ....

A that make the classrooms greener
B that are cheap and eco-friendly
C that don't let in the daylight
D that don't add chemical smells to school air

11. Students in "green schools" ... than kids in other schools.

A get colds oftener
B often have better attendance
C study poorer
D rarely have better mood

Task 3

Read the text below. Match choices (A–H) to (12–16). There are three choices you do not need to use. Write your answers on the separate answer sheet.

THINGS TO TAKE WHEN CAMPING

12. _____ Tent is the most important of all equipments that you must carry, while going out for camping. Make sure you carry a tent that is big enough for the whole team or ask every camper to carry individual tents. Tent, apart from taking care of the safety, will also provide you an experience to sleep under the clear sky and shining moon.

13. _____ When out for camping you are all by yourself and will have to manage and meet situations with the stuff which you have. It is advisable to carry

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along a lighter or matchsticks to take care of your fire need and also to carry a pen knife or a small tool kit that will help you in repair and kinds.

14. _____ Many of us believe that when going out in the wild we should not care much about our comfort and luxury. This thought makes us leave behind few essential clothing that we might need to fight the unexpected weather of the place we are going to camp in. Therefore, without bothering about the weight of the luggage, it is advisable to carry along essential clothing material.

15. _____ If you are not carrying food or if you don't have any local arrangement for food, then carrying the cooking supplies and equipments along becomes quite essential. You can carry along a portable pot, a stove or kettle as well as the vegetables and other food items that you intend to eat. Don't forget to pack in the utensils, lest you don't have a plate to put in your share of food.

16. _____ Carrying a map and a rope becomes an essential part of your camping equipment, especially when you are going into a totally new place without a local guide. You should make it a point to carry a map and a rope to explore the new area. While a map would direct you towards the right path, a rope would help in the climbing act.

Which paragraph tells about ...

A things you will need in case you decide to make fire
B things we need to have meals
C something you will spend your night in
D things which are very useful in exploring a new territory
E things we usually ignore while going camping
F something you shouldn't forget to take with you
G things necessary for taking photos
H something we can keep water in

Task 4

Read the text below. Choose from (A–H) the one which best fits each space (17–22). There are two choices you do not need to use. Write your answers on the separate answer sheet.

Beach Music Weekend blends the best of the 'oldies' with dancing (17) _____ _____. Settle into the sand as the top Beach Music bands from up and down the East Coast descend on the Virginia Beach oceanfront in a nostalgic salute to the "good old days" of cool cars and hot tunes.

A three-day series of free concerts is presented on a stage (18) _____ _____ at 30th Street. Evening shows on Thursday and Friday give way (19) _____ on Saturday and more daytime concerts on Sunday. All performances are (20) _____. Thursday's ticketed show takes place (21) _____. The festival atmosphere is enhanced with beer and food served in tents on the sand alongside a sea of beach chairs and

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dancing couples! Boardwalk sponsors and vendors overlook the beach, luring visitors (22) _____ into the fun of Beach Music Weekend!

A free to the public
B under the stars
C four meters long
D in a local restaurant
E built right on the beach
F as it is shown
G to a full day of entertainment
H from the boardwalk

Task 5

Read and complete the text below. For each of the empty space (23–34) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

It's 21st century and exercise is the order of the day! Inactivity is (23) _____ _____ dangerous levels. Your heart (24) _____ approximately 60-80 times per minute at rest, 100,000 times a day, more than 30 million times per year and about 2.5 billion times in a 70-year (25) _____! And this gets better and smoother with physical (26) _____ like aerobics. Aerobics was never (27) _____ trend and will never be because of the various (28) _____ it provides. It is fun and exciting. It improves blood (29) _____. It helps you stretch. It tones your muscles and (30) _____ calories. Basically, the more aerobic (oxygen using) the exercise is, the greater (31) _____ it will have on your cardiovascular system and enzymes and metabolism. Ultimately, your body (32) _____ reduces! Aerobics begins with breathing, filling your lungs (33) _____ oxygen from where it is transported to the heart. The heart has four chambers that (34) _____ blood to other parts of the body like the organs, muscles and tissues. Incorporate some of the aerobics exercises in your daily living!

	A	B	C	D
23	trying	getting	reaching	clinging
24	strikes	beats	hits	kicks
25	lifetime	epoch	era	age
26	activity	industry	trouble	idleness
27	off	into	out of	from
28	luck	advantages	obstacles	progresses
29	circuit	circle	circulation	round
30	heats	lights	melts	burns
31	affect	conclusion	effect	end
32	fat	lard	grease	flesh
33	in	with	of	without
34	draw	force	pour	pump

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Task 6

Read the texts below. For each of the empty space (35–46) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

In order (35) _____ a food tester, there are certain requirements an applicant needs to meet including (36) _____ the appropriate education, applying (37) _____ a suitable position, and understanding the functions of the job. Food testers (38) _____ by restaurants, food companies, and farms to ensure product quality. These professionals are given the tasks of sampling different foods and evaluating them on a variety of (39) _____, such as appearance, texture, and flavor. The information (40) _____ from the taste testers (41) _____ to create and improve food products for wholesale and retail sales. For this reason, most companies (42) _____ applicants willing to take the time to provide serious, helpful feedback.

The minimal education requirement to become a food tester (43) _____ _____ a high school diploma or an acceptable equivalent. There are more skills (44) _____ to become a food tester than just tasting foods. Serious applicants should be aware that the job they (45) _____ is vitally important to the production and marketing of a (46) _____ products.

	A	B	C	D
35	become	to become	becomes	becoming
36	having	having had	being have	to have
37	on	of	for	at
38	is commonly employed	employed are commonly	were commonly employed	are commonly employed
39	criterion	criteria	criterias	criterions
40	gain	gains	gained	gaining
41	is used	are used	was used	were used
42	look at	look for	look up	look off
43	is	be	are	will be
44	require	requiring	required	will require
45	is performing	are performing	performed	will perform
46	companie	companies'	companys's	company's

COMPLEX TEST 10

READING

Task 1

Read the text below. Match choices (A–H) to (1–5). There are three choices you do not need to use. Write your answers on the separate answer sheet.

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