

WHAT IS MINIMALISM?

It's living without unnecessary things. My flat used to be really messy, but then I read a great Japanese book called *The Life Changing Magic of Tidying Up**. It changed my life. You should read it.

DO YOU HAVE TO GET RID OF ALL YOUR THINGS TO BE A MINIMALIST?

No, you have to get rid of a lot but you *mustn't* get rid of everything. You have to keep some things but you should only keep things you really like. You *shouldn't* hold onto things for sentimental reasons. Don't keep that sweater just because it was a present from your gran. We all have lots of things we never use. You don't need more than three shirts, or four pairs of trousers, or one spoon, one mug, one bowl ...

SO, SHOULD WE THROW OUT ALL THE THINGS WE DON'T USE?

You don't have to throw them in the bin. You could give them to friends or donate them to a charity shop like I do.

WHAT'S IT LIKE BEING A MINIMALIST?

It's good. You don't have to spend so much time cleaning or tidying up because you don't have so many things. But you must be organised. You *mustn't* leave things lying around on surfaces. I live in a tiny flat but it's neat and tidy: there's a place for everything and everything is in its place. When your home is tidy, you feel happier. Another advantage is that if you don't buy stuff you don't need, you can afford to buy good quality, so you have beautiful things that you love instead of rubbish you don't really like.

3. Оберіть модальне дієслово, щоб доповнити речення

TOP TIPS FOR MINIMALISTS

- 1 To be a minimalist, you *could* / *have to* be organised and disciplined.
- 2 You *could* / *shouldn't* start by making a list of all the things you own.
- 3 You *mustn't* / *should* keep anything that you don't use regularly.
- 4 You *should* / *shouldn't* get multipurpose things, e.g. a sofa bed.
- 5 You *don't have to* / *must* throw things out if you don't use them.
- 6 You *don't have to* / *mustn't* eat every meal alone but you *must* / *shouldn't* invite too many people to your home.

Прослухайте діалог, заповніть пропуски

- 1 Dad It's a very neat flat. Karen, you should keep your room tidy like this.
- 2 Mum I ____ have a cup of tea, son. I'm really thirsty.
- 3 Mum You ____ wear the same clothes all the time. You ____ put on that sweater your gran gave you. It's nice and warm.
- 4 Mum You ____ give away presents. It's not right.
- 5 Marty You ____ share a mug. I've only got one cup.
- 6 Dad One mug! You ____ get some more mugs.
- 7 Marty If you're a minimalist, you ____ keep things that you don't use.

5. Прочитайте питання нижче та подивіться відео. Що відповідають люди? Запишіть (посилання на відео в ЄШ та гугл класі)

Modal verbs

1. Знайдіть ці модальні дієслова в тексті, що вони означають. Одне значення використовується двічі

- | | |
|--|------------------------|
| 1 ☐ should | a це необхідність |
| 2 ☐ have to | b це не є необхідністю |
| 3 ☐ shouldn't | c це гарна ідея |
| 4 ☐ don't have to | d це не гарна ідея |
| 5 ☐ could | e це не дозволено |
| 6 ☐ must | f це пропозиція, ідея |
| 7 ☐ mustn't | |

Подивіться значення модальних дієслів з прикладами

Modal verbs

must/have to = it's necessary

You **must** do exercises every day.

You **have to** throw the rubbish out on Thursdays.

don't have to = it isn't necessary

You **don't have to** go to Japan to be a minimalist.

should = it's a good idea

You **should** watch that film; it's good.

shouldn't = it isn't a good idea

You **shouldn't** wear pink; it doesn't suit you.

mustn't = don't do it, it isn't allowed

You **mustn't** smoke here.

could = it's a suggestion/an idea

You **could** lend me that book if you like.

What should you do to lead a happy life?

