1. Прочитайте текст, дайте відповідь на питання

MARTY the minimalist

WHAT IS MINIMALISM?

It's living without unnecessary things. My flat used to be really messy, but then I read a great Japanese book called *The Life-Changing Magic of Tidying Up**. It changed my life. You should read it.

DO YOU HAVE TO GET RID OF ALL YOUR THINGS TO BE A MINIMALIST?

No, you have to get rid of a lot but you mustn't get rid of everything. You have to keep some things but you should only keep things you really like. You shouldn't hold onto things for sentimental reasons. Don't keep that sweater just because it was a present from your gran. We all have lots of things we never use. You don't need more than three shirts, or four pairs of trousers, or one spoon, one mug, one bowl...

SO, SHOULD WE THROW OUT ALL THE THINGS WE DON'T USE?

You don't have to throw them in the bin. You could give them to friends or donate them to a charity shop like I do.

WHAT'S IT LIKE BEING A MINIMALIST?

It's good. You don't have to spend so much time cleaning or tidying up because you don't have so many things. But you must be organised. You mustn't leave things lying around on surfaces. I live in a tiny flat but it's neat and tidy: there's a place for everything and everything is in its place. When your home is tidy, you feel happier. Another advantage is that if you don't buy stuff you don't need, you can afford to buy good quality, so you have beautiful things that you love instead of rubbish you don't really like.

* The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing by Marie Kondo. 2011

1. What are the advantages of being a minimalist?

2. Are you a messy person or are you organised?

3. How often do you tidy up your room?

4. Do you throw things out regularly or do you hold onto things?

5. How do you get rid of stuff you don't want any more?

2. Які з цих речей ви бачите на картинці

Furniture and decorations

wardrobe , curtains , carpet , rug

Places for things

drawer , hanger , surface

Fixed things

windowsill , radiator , stairs